

LAP POOL

RECREATIONAL POOL

LAP Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	REC Pool							
5:30-6:00									5:30-6:00							5:30-6:00							
6:00-6:30	LAP	LAP	LAP	LAP	LAP	CLOSED	CLOSED		6:00-6:30							6:00-6:30							
6:30-7:00								6:30-7:00															
7:00-7:30								7:00-7:30															
7:30-8:00								7:30-8:00															
8:00-8:30								8:00-8:30															
8:30-9:00															8:30-9:00	Arthritic Aquafit	Forever Fit	Arthritic Aquafit	Forever Fit	Arthritic Aquafit		P&T	8:30-9:00
9:00-9:30															9:00-9:30	Arthritic Aquafit	Aqua Dance	Arthritic Aquafit	Forever Fit	Arthritic Aquafit		A/B	9:00-9:30
9:30-10:00										9:30-10:00	Arthritic Aquafit	Aqua Dance	Arthritic Aquafit	Forever Fit	Arthritic Aquafit		A/B	9:30-10:00					
10:00-10:30										10:00-10:30	Senior	Water Aerobics	P&T	Water Aerobics	P&T		A/B	10:00-10:30					
10:30-11:00										10:30-11:00	Aqua Dance	Senior Social	Aqua Tabata	Senior Social	Aqua Tabata		Rental	10:30-11:00					
11:00-11:30										11:00-11:30								11:00-11:30					
11:30-12:00										11:30-12:00								11:30-12:00					
12:00-12:30										12:00-12:30								12:00-12:30					
12:30-1:00										12:30-1:00				Aqua Dance			Open	12:30-1:00					
1:00-1:30								1:00-1:30								1:00-1:30							
1:30-2:00								1:30-2:00								1:30-2:00							
2:00-2:30								2:00-2:30								2:00-2:30							
2:30-3:00								2:30-3:00								2:30-3:00							
3:00-3:30								3:00-3:30								3:00-3:30							
3:30-4:00								3:30-4:00								3:30-4:00							
4:00-4:30	LAP	LAP	LAP	LAP	LAP			4:00-4:30								4:00-4:30							
4:30-5:00												4:30-5:00								4:30-5:00			
5:00-5:30													5:00-5:30								5:00-5:30		
5:30-6:00													5:30-6:00								5:30-6:00		
6:00-6:30													6:00-6:30								6:00-6:30		
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7:30-8:00								7:30-8:00								7:30-8:00							
8:00-8:30								8:00-8:30								8:00-8:30							
8:30-9:00								8:30-9:00								8:30-9:00							
9:00-9:30								9:00-9:30								9:00-9:30							

Lap Swim - Swimmers must stay in a their own lane, no lane sharing is allowed. **MUST RESERVE LANE AHEAD OF TIME**

MUST BE 9-13 (WITH PARENT PRESENT) OR OLDER. MUST LAP SWIM ONLY.

Aquatics Group Ex - Unvaccinated swimmers must keep 6 feet of distance at all times.

Swim Lessons