

LAP POOL

RECREATIONAL POOL

LAP Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	REC Pool						
5:30-6:00									5:30-6:00							5:30-6:00						
6:00-6:30	LAP	LAP	LAP	LAP	LAP	C	C									6:00-6:30						
6:30-7:00																					6:30-7:00	
7:00-7:30																						7:00-7:30
7:30-8:00																						7:30-8:00
8:00-8:30																						P&T
8:30-9:00											Arthritic Aquafit	Forever Fit	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			8:30-9:00				
9:00-9:30											Arthritic Aquafit	Aqua Dance	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			A/B	9:00-9:30			
9:30-10:00											Arthritic Aquafit	Aqua Dance	Arthritic Aquafit	Forever Fit	Arthritic Aquafit			A/B	9:30-10:00			
10:00-10:30											Senior	Water Aerobics	P&T	Water Aerobics	P&T			A/B	10:00-10:30			
10:30-11:00											Aqua Dance	Senior Social	Aqua Tabata	Senior Social	Aqua Tabata			Rental	10:30-11:00			
11:00-11:30												Aqua Dance				Open	11:00-11:30					
11:30-12:00																		11:30-12:00				
12:00-12:30																		12:00-12:30				
12:30-1:00																		12:30-1:00				
1:00-1:30																		1:00-1:30				
1:30-2:00																		1:30-2:00				
2:00-2:30																		2:00-2:30				
2:30-3:00																		2:30-3:00				
3:00-3:30																		3:00-3:30				
3:30-4:00																		3:30-4:00				
4:00-4:30	LAP	LAP	LAP	LAP	LAP													4:00-4:30				
4:30-5:00																						4:30-5:00
5:00-5:30																		5:00-5:30				
5:30-6:00																		5:30-6:00				
6:00-6:30																		6:00-6:30				
6:30-7:00																		6:30-7:00				
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7:30-8:00																		7:30-8:00				
8:00-8:30																		8:00-8:30				
8:30-9:00																		8:30-9:00				
9:00-9:30																		9:00-9:30				

Lap Swim- Swimmers must stay in a their own lane, no lane sharing is allowed. **MUST RESERVE LANE AHEAD OF TIME**

MUST BE 9-13 (WITH PARENT PRESENT) OR OLDER. MUST LAP SWIM ONLY.

Aquatics Group Ex - Unvaccinated swimmers must keep 6 feet of distance at all times.

Swim Lessons