

SPLASH BALLFall 2 Session Dates: 10/13 – 11/23

WATER POLO FUNDAMENTALS

AGES 6 - 10

- TUESDAY 4:00PM 4:45PM & SATURDAY 10:00AM - 10:45AM
- THURSDAY 4:00PM 4:45PM & SATURDAY 10:00AM - 10:45AM

FEE: \$180

 Intro to water polo skills such as swimming, treading and dribbling

Must be able to swim 25 yards and tread for 30 seconds.

SWIM EVALUATION SIGN-UP



JUNIOR WATER POLO

AGES 11 - 14

- TUESDAY 5:00PM 6:00PM & SATURDAY 11:00AM - 12:00PM
- THURSDAY 5:00PM 6:00PM & SATURDAY 11:00AM - 12:00PM

FEE: \$240

- Building on basic water polo skills such as swimming and treading water
- Introducing roles and game play strategies

Must be able to swim 50 yards and tread for 1 minute.

SIMI VALLEY FAMILY YMCA

3200 Cochran Street, Simi Valley, CA 93065 | 805.583.5338 Questions? Contact us at simiaquatics@sevymca.org

No Classes/practice October 31