



SPLASH BALL

Fall 2 Session Dates: 10/13 – 11/23

WATER POLO FUNDAMENTALS

AGES 6 – 10

- TUESDAY 4:00PM - 4:45PM & SATURDAY 10:00AM - 10:45AM
- THURSDAY 4:00PM - 4:45PM & SATURDAY 10:00AM - 10:45AM

FEE: \$180 Members

\$360 Non-Members

- Intro to water polo skills such as swimming, treading and dribbling

Must be able to swim 25 yards and tread for 30 seconds.

SWIM EVALUATION SIGN-UP



JUNIOR WATER POLO

AGES 11 – 14

- TUESDAY 5:00PM - 6:00PM & SATURDAY 11:00AM - 12:00PM
- THURSDAY 5:00PM - 6:00PM & SATURDAY 11:00AM - 12:00PM

FEE: \$240 Members

\$480 Non-Members

- Building on basic water polo skills such as swimming and treading water
- Introducing roles and game play strategies

Must be able to swim 50 yards and tread for 1 minute.

YARROW FAMILY YMCA

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Questions? Contact us at yarrowaquatics@sevymca.org

No Classes/practice October 31