

FALL 2
OCTOBER 13 – NOVEMBER 23



ADULT ENRICHMENT

SESSION BASED-CLASSES

FRIDAY

INTRO TO BALLROOM DANCE
6:00PM – 6:45PM
XAVIERA
STUDIO



DROP-IN CLASSES

SATURDAY

KIDS AGAIN ARTS & CRAFT FOR
ADULTS
11:00AM – 11:45PM
ELA
CONFERENCE ROOM

REGISTRATION OPEN
September 29 at
9:00am

SCHEDULE SUBJECT TO
CHANGE AT ANY TIME.
PLEASE CHECK THE YMCA
APP FOR UPDATED
CHANGES.



WORKSHOPS



SIGN-UP

PLANTS AND FLOWERS
10/22/25, 11/19/25 and
12/17/25
6:00 PM
MATERIAL FEE: \$15 PER CLASS
REGISTRATION REQUIRED

Simi Valley Family YMCA
3200 Cochran Street, Simi Valley, CA 93065 | 805.583.5338
Questions? Connie Tibbetts-Milner at ctibbetts-milner@sevymca.org



FALL 1
AUGUST 18 – SEPTEMBER 27

ADULT ENRICHMENT CLASS DESCRIPTIONS

INTRO TO BALLROOM DANCE

This class is a fun and welcoming class for adults ready to step into the world of ballroom —no partner required! You will learn the basics of styles like waltz, foxtrot and rumba while building confidence, rhythm and poise. Whether you are dancing alone or pairing up in class, this supportive environment makes it easy to move at your own pace, have fun and enjoy the music. This program is ideal for those who are just starting out or those who want to explore something new!

KID AGAIN: ARTS & CRAFTS

This class offers a stress-free creative experience for grown-ups seeking to rekindle their inner child by using paint, glue and their imagination. Each session offers a new hands-on project, ranging from nostalgic crafts to playful art pieces designed to spark creativity, laughter and relaxation. You do not need any prior experience, just a willingness to have fun and potentially get messy. Let's make something wonderful, just because we can!



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