



SOUTHEAST VENTURA COUNTY YMCA



ESTABLISHED IN 1964

SPLASH BALL

Fall 1 Session Dates: 8/18 – 9/27

WATER POLO FUNDAMENTALS

AGES 6 – 10

- TUESDAY 4:00PM – 4:45PM & SATURDAY 10:00AM – 10:45AM
- THURSDAY 4:00PM – 4:45PM & SATURDAY 10:00AM – 10:45AM

FEE \$180

- Intro to water polo skills such as swimming, treading and dribbling

Must be able to swim 25 yards and tread for 30 seconds.

SWIM EVALUATION SIGN-UP



YARROW FAMILY YMCA

31105 Thousand Oaks Blvd. Westlake Village, CA 91362 | 818.707.9622
Questions? Contact Brigitte Bonafont at yarrowaquatics@sevymca.org

No classes/practice September 1

JUNIOR WATER POLO

AGES 11-14

- TUESDAY 5:00PM – 6:00PM & SATURDAY 11:00AM – 12:00PM
- THURSDAY 5:00PM – 6:00PM & SATURDAY 11:00AM – 12:00PM

FEE \$240

- Building on basic water polo skills such as swimming and treading water
- Introducing roles and game play strategies

Must be able to swim 50 yards and tread for 1 minute.