

WINTER  
JANUARY 13 - FEBRUARY 22



# ADULT ENRICHMENT

## SESSION CLASSES

### TUESDAY

SEWING AND EMBROIDERY  
6:15PM - 7:00PM  
JASMINE  
CONFERENCE ROOM



REGISTRATION  
OPEN 1/2/25  
at 9:00am



### THURSDAY

INTRO TO CROCHET  
5:00PM - 5:45PM  
MARICELA  
CONFERENCE ROOM



### FRIDAY

INTRO TO SPANISH  
4:00PM - 5:00PM  
ELA  
CONFERENCE ROOM

## DROP-IN CLASSES

### WEDNESDAY

MUAY THAI KICKBOXING  
7:15PM - 8:00PM  
ALEX  
STUDIO 1



SCHEDULE SUBJECT TO  
CHANGE AT ANY TIME.  
PLEASE CHECK THE YMCA  
APP FOR UPDATED  
CHANGES

Simi Valley Family YMCA  
3200 Cochran Street, Simi Valley, CA 93065 | 805.583.5338  
Questions? Mak Keough at mkeough@sevymca.org