



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ADVENTURE AWAITS

2024 SUMMER CAMP



**Southeast Ventura County YMCA**

Simi Valley YMCA | Yarrow Family YMCA



# CAMP LEADERSHIP

# SUMMER CAMP LOCATIONS

## TABLE OF CONTENTS

Camp Leadership	2
Locations	3
Membership	4
Important Camp Info & Rules	6-7
Simi Valley YMCA Camp Info	8-9
Simi Valley YMCA Adventure Camp	10-11
Yarrow Family YMCA Camp Info	12-13
Yarrow Family YMCA Adventure Camp	14-15
Leaders In Training (LIT) Camp Info	16
Meet the Summer Camp Directors	17
Parent Handbook	18-19
Swimming at the Y	20-21
Work for the Y	22
Send a Child to Camp	23
Afterschool Program	24

**Simi Valley YMCA**  
Atherwood Elementary  
2350 E Greensward St.  
Simi Valley, CA 93065

**Yarrow Family YMCA**  
Willow Elementary  
29026 Laro Dr.  
Agoura Hills, CA 91301

**Scan QR code  
to view the entire  
Parent Handbook**



**Katie Oberman**

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Yarrow Family YMCA  
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Simi Valley YMCA  
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## FOR PROGRAM PAYMENT AND BILLING INFORMATION:

**Kelsey Banks**  
Program Secretary  
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## MEMBERSHIP MEANS MORE

With the Y, you are not just a member of a facility, you are part of a cause. With a shared commitment to nurturing the potential of kids, improving health and well-being, giving back and supporting our neighbors, your membership will not just bring about a meaningful change in yourself, but in your community, too.

### BENEFITS OF BECOMING A MEMBER BECOME A Y MEMBER TODAY

The Y is a community for all to learn, grow and thrive. We bring families closer together, encourage health and well-being, and foster connections through health and wellness, sports, fun and shared interests. We are also an ongoing source of support, guidance and resources for members and the people in the communities we serve.

### DISCOVER MEMBERSHIP AT THE Y

A Y membership is so much more than just priority camp registration. Discover the unique community in your facility and all that the Y has to offer. Connect, play and discover new things. We offer comprehensive healthy living and learning experiences for children, teens, adults, seniors and families.

### FACILITY MEMBERSHIP INCLUDES:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Aquatic Group X Classes</li> <li>• Enrichment Classes</li> <li>• Family Swim</li> <li>• Game Room</li> <li>• Group X Classes</li> <li>• Homework Area</li> <li>• Indoor Fitness Area</li> <li>• Kids' Zone</li> <li>• Lap Lane Pool</li> <li>• On-Demand Classes</li> <li>• Warm Water Pool</li> </ul> | <p><b>Added Fee:</b></p> <ul style="list-style-type: none"> <li>• Personal Training</li> <li>• Small Group Training</li> <li>• Swim Team (Simi Valley YMCA)</li> </ul> <p><b>Yarrow Family YMCA:</b></p> <ul style="list-style-type: none"> <li>• Basketball Gym</li> <li>• Café</li> <li>• Pickleball Courts</li> <li>• Outdoor Fitness Area</li> <li>• Volleyball Courts</li> </ul> |
|---|---|

### CONTACT

Simi Valley YMCA | Yarrow Family YMCA  
membership@sevymca.org  
www.sevymca.org/membership



**To be eligible for early registration for summer camp and afterschool child care, your child(ren) must have an active membership at the time of registration. In addition, if you are enrolled in the YMCA's afterschool child care program, you would receive 50% off your monthly membership dues.**

### WHY YOU AND YOUR CHILD WILL LOVE THE YMCA!

The Y is the nation's largest child care provider and has more than 170 years of experience in providing top-notch camp programs across the country. The Y is proud to provide a SAFE environment for kids to experience new adventures, learn new skills and continue learning through the summer months.

### SUMMER FUN FOR EVERYONE

Summer is a time for kids to explore new things and expand the limits of their imagination! At our YMCA summer camp, your child will create lifelong memories while participating in enriching, age-appropriate, fun activities! Your child will make new friends, experience new things and have tons of fun as they explore new adventures each day!

EACH WEEK HAS A THEME THAT WILL BE CARRIED THROUGHOUT THE CAMP INCLUDING:

- Decorations
- Crafts
- Activities
- Vendors & Entertainment



**We strive to promote Healthy Eating and Physical Activity (HEPA) standards in our many child care program areas. Each Y camper will receive at least 1 to 2 hours of physical activity each day.**

**Y camp curriculum features the opportunity for enhanced learning activities and education learning experiences.**

**At the YMCA, we keep a 14:1 child to counselor ratio as we believe a smaller ratio creates a more personal experience to learn and grow.**

**Y campers enjoy swimming once per week at our YMCA indoor pools. Campers are tested by Red Cross Certified Y lifeguards on swimming ability. If determined a "red band" swimmer (needs improvement in swimming), they will receive either a life vest or puddle jumper and have a chance to retest the following week.**

## IN-PERSON ORIENTATION

THURSDAY, MAY 2, 2024 | 6PM – 7PM

Yarrow Family YMCA @ Willow Elementary  
29026 Laro Dr., Agoura Hills, CA 91301

Simi Valley Family YMCA @ Atherwood Elementary  
2350 E. Greensward St., Simi Valley, CA 93065

Please attend parent orientation to have  
all your questions answered.

## NO CAMP DAYS

June 19:

Juneteenth

July 4:

Independence  
Day

### CURBSIDE DROP-OFF & PICK-UP

The security of all children in our care is of top priority. Each child must be signed in and out every day by an authorized adult aged 18 or older, with a photo ID. Late pick-up could be charged a late fee, plus \$1 for each minute after the scheduled pick-up time.

### WHAT TO BRING TO CAMP

Bring a refillable water bottle, lunch, snacks and sunscreen every day. Sunscreen should be applied before arriving at camp. Camp staff members can help campers safely apply sunscreen, but they will also be sure to remind campers to apply it regularly. Bring swimsuit and towel on swim days. Backpacks/tote bags are permitted, but not required. **Label everything!**

### WHAT IS NOT ALLOWED AT CAMP

Personal electronics, toys or games from home, shoes with wheels and weapons of any kind are not permitted at camp. Large sums of money, jewelry or anything else of value should not be brought to camp. The Y is not responsible for lost, stolen or damaged personal items.

### WHAT TO WEAR

Campers should dress comfortably for the weather and must wear closed-toed shows. **Flip-flops, sandals and crocs are only permitted on the pool deck.** Please label everything!

### PARENT HANDBOOK

Extended policies are included in our Childcare Parent Handbook, which is available online at [www.sevymca.org/child-care](http://www.sevymca.org/child-care).

### PAYMENTS

Payments must be received by the Wednesday prior to the start of each camp week. If full payment is not received by Wednesday, your child may be dropped from our roster. Payments will be set up on a draft.

### LATE REGISTRATION

Any registration made after close of camp on Wednesday, may be subject to a \$5 late registration fee.

### COMMUNITY SCHOLARSHIP FUND

The YMCA is for EVERYONE! Financial assistance is available for qualifying families at our Y or if you apply for either CDR or CCRC. Please be sure to indicate which camp you are applying for during registration.



## IMPORTANT CAMP RULES

Campers take **RESPONSIBILITY** for their actions.

Campers **RESPECT** themselves, each other, equipment and the environment.

**HONESTY** is the basis for all relationships and interactions.

Campers are **CARING** in their relationships with others.

Campers should talk to a camp counselor or any camp staff member if they are uncomfortable with any experiences or need assistance while at camp.

### DISCIPLINE PROCEDURES

**REDIRECTION:** Staff will redirect the camper to more appropriate behavior.

**STOP & THINK:** If inappropriate behavior continues, the camper will be reminded of behavior and camp rules and the camper will be asked to decide on action steps to correct his/her behavior.

**REFERRAL:** If a child's behavior still does not meet expectations and is affecting the experience of other campers, he/she will be referred to the Camp Office; consequences may include, but are not limited to: loss of privilege(s), phone call home, parent conference, etc.

**SUSPENSIONS/EXPULSION:** If inappropriate behavior continues, as a last action step, the camper may be dismissed from camp for a period of time, up to the remainder of the summer. Camp fees are non-refundable if a camper is sent home for disciplinary reasons.

### Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules
- Using profanity, vulgarity or obscenity
- Stealing or damaging personal or camp property
- Refusal to participate in activities and cooperate with staff
- Disrupting a program
- Endangering the health and safety of child and or staff
- Use of illicit drugs, alcohol or tobacco
- Sexual conduct of any kind
- Teasing, making fun of or bullying other campers or staff
- Fighting of any kind

Physical violence or bullying towards another camper or staff member will result in immediate suspension for the remainder of the camp week; a second offense will result in expulsion for the remainder of the summer.

### ANTI-BULLYING

The Y is committed to preventing bullying, which is defined as systematically and chronically inflicting physical hurt or distress on a child or staff member. Bullying is further defined as unwanted and repeated written, verbal or physical behavior, including threatening, insulting or dehumanizing gestures that are pervasive enough to create an intimidating or hostile environment. It includes, but is not limited to, teasing, social exclusion, threat, intimidation, stalking, cyber-stalking, physical violence, theft, harassment, humiliation or destruction of property.

### BEHAVIOR & MEDICAL CONDITIONS

It is helpful to disclose all behavior and medical conditions at the time of registration so that we may best serve your child. The Y makes reasonable accommodations to met every child's needs. On the registration form, there is a section to inform camp staff of anything necessary to support your child.



# SUMMER AT A GLANCE

CARE PROVIDED: 7:00am – 6:00pm | CAMP PROGRAMMING: 9:00am – 4:00pm

**Week 1: June 10 – June 14: Let the Games Begin! (Closed June 19th for Juneteenth)**  
Immerse yourself in the spirit of healthy competition as you participate in exhilarating tournaments, challenging obstacle courses, and colorful relay races. So, pack your sneakers, grab your water bottle, and let the games begin!  
**Vendor – RAMS Training Camp**

**Week 2: June 17 – June 21: Code Breaker**  
Gear up for a week-long adventure filled with secret codes, hidden messages, and stimulating puzzles. Campers will dig into the intriguing art of crafting and deciphering codes. Join the excitement of solving the unknown!  
**Vendor – Snapology Lego Building**

**Week 3: June 24 – June 28: Galactic Adventures**  
Are you ready for an out-of-this-world journey through the cosmos? Our campers will become fearless space explorers, unveiling the wonders of the universe through a cosmic blend of adventure and entertainment.  
**Vendor – Discovery Cube Planetarium (1st-5th) & Discovery Cube Sound Exploration (TK-K)**

**Week 4: July 1 – July 5: Thrills and Chills (Closed 4th of July)**  
Get ready for a blend of traditional summer camp activities with a Halloween twist! Engage in ghostly tales, zombie tag, and other spooktacular activities that will keep hearts pounding and our spirits soaring. It will be a spine-tingling time.  
**Vendor – Monster Mash DJ Party**

**Week 5: July 8 – July 12: Explore the Deep**  
Beat the heat and have a splashing good time in an underwater odyssey to explore the vibrant coral reefs, fascinating sea creatures, and all the other marine wonders. Our campers will forge lasting friendships, learn about the wonders of the sea, and create memories that will last a lifetime. Are you ready to dive in?  
**Vendor – Mobile Tide Pool**

**Week 6: July 15 – July 19: Artful Antics**  
Take off on an imagination trip, where creativity meets chaos. Watch us unleash the artistic spirit within every camper, turning every day into a masterpiece of fun and expression. Bring a spare change of clothes because things are about to get messy.  
**Vendor – Dream Painter**

**Week 7: July 22 – July 26: Gardens of Enchantment**  
Nestled in the heart of nature, our camp transforms into an enchanted oasis where vibrant flowers, towering trees, and whimsical creatures set the stage for a fairytale journey. Join us for a week filled with laughter, learning and the pure magic of nature. Let the fairytales unfold.  
**Vendor – Magician**

**Week 8: July 29 – August 2: Chow Down**  
Get ready to stir, spice, and savor your way through the ultimate culinary adventure, where every bite tells a story and every dish is a work of art! Campers will explore a variety of cuisines, learn essential kitchen skills, and whip up mouthwatering recipes.  
**Vendor – Sub Zero Ice Cream and Science Show**

**Week 9: August 5 – August 9: Denim and Diamonds**  
Dust off your denims and shine up those diamonds as we embark in a dazzling celebration of style, fun, and the rodeo of a lifetime. Campers, gear up for a week filled with western flair and glamour.  
**Vendor – Petting Zoo**

## GET IN THE SPIRIT

2024 CAMP THEMES  
Dress up for the weekly theme every WEDNESDAY!  
**Let the Games Begin:** Team Color  
**Code Breaker:** Spies  
**Galactic Adventures:** Space  
**Thrills and Chills:** Halloween Costume  
**Explore the Deep:** Hawaiian  
**Gardens of Enchantment:** Disney  
**Artful Antics:** Crazy Hair  
**Chow Down:** Favorite Food/Chef  
**Denim and Diamonds:** Wild West and/or Fancy Friday

# CAMP WEEKLY STRUCTURE

Please note: Camp is primarily outdoors with some rotations inside.  
Shade will be provided for outdoor rotations.

## SIMI VALLEY YMCA:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
On-Site	Local Park (K – 2)	Dress-Up Day, Vendor Activity	Local Park (3 – 5)	Pep Rally Pool Day

\*Groups may walk to Atherwood Park or Town Center. Weekly schedule will be sent prior to the start of camp.

## DAILY SAMPLE SCHEDULE

7:00am – 9:00am	Extended Care
9:00am – 9:30am	Morning Snack & Group Huddle
9:30am – 10:00am	Activity 1
10:10am – 10:40am	Activity 2
10:50am – 11:20am	Activity 3
11:30am – 12:00pm	Activity 4
12:00pm – 1:00pm	Lunch
1:00pm – 1:30pm	Activity 5
1:40pm – 2:10pm	Activity 6
2:20pm – 2:50pm	Activity 7
3:00pm – 3:30pm	Activity 8
3:30pm – 4:00pm	Afternoon Snack & Group Huddle
4:00pm – 6:00pm	Extended Care

Rotations are different per group and each child will rotate through each activity.

## ACTIVITIES INCLUDE

- Arts & Crafts
- Cooperative Games
- Game Arena
- Slingshots
- STEM – “Exploratory”
- Teambuilding
- Water Games
- Specialty Classes to possibly include:
  - Science
  - Cooking
  - Sports
  - Music
  - Dance

## Pricing Per Week

	Member	Non-Member
5 days/week:	\$260	\$275
3 days/week:	\$210	\$225
LIT 5 days:	\$220	\$235

Camp  
scheduling  
and content  
are subject to  
change.

The Y’s four core values  
are incorporated into all  
of our camp programs  
and activities: Respect,  
Responsibility, Honesty  
and Caring.



# ADVENTURE CAMP

4TH-6TH GRADERS

Field Trips by bus have returned! Adventure Camp is our older camp option where campers will go on a weekly field trip that aligns with the theme for the week. (Please take a look at the calendar below). Campers will also enjoy a camp beach day at Oxnard Beach Park. Each week will be an adventure of a lifetime. One day a week campers will be onsite and will be able to attend specialist classes and group activities.

Please note that our highly trained staff will have additional trainings on travel safety and we will be bringing one of our YMCA lifeguards to assist us at the beach.



## Adventure Camp Weekly Pricing

Member Price:  
\$335 - 5 Days

Non-Member Price:  
\$350 - 5 Days

\*Adventure Camp is only a 5-day option  
due to trip reservations.



# SCHEDULE OF FIELD TRIPS

Please note: Camp is primarily outdoors with some rotations inside.  
Shade will be provided for outdoor rotations.

SIMI VALLEY YMCA:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W1	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	SKY ZONE & RAMS TRAINING CAMP	MOTHER'S BEACH	ON-SITE AND CAMP RALLY
W2	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	CLOSED	CALIFORNIA SCIENCE CENTER	ON-SITE AND CAMP RALLY
W3	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	GRIFFITH OBSERVATORY	HOLLYWOOD BEACH	ON-SITE AND CAMP RALLY
W4	HANSEN DAM	ON-SITE	DANCE PARTY & POOL	CLOSED FOR FOURTH OF JULY	ESCAPE ROOM ON-SITE
W5	HANSEN DAM	ON-SITE	ON-SITE VENDOR & POOL	CHANNEL ISLANDS NATIONAL PARK & MOTHER'S BEACH	ON-SITE AND CAMP RALLY
W6	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	PAINT A DREAM	SILVER STRAND	ON-SITE AND CAMP RALLY
W7	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	CSUN	HOLLYWOOD BY THE SEA	ON-SITE AND CAMP RALLY
W8	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	UNDERWOOD FAMILY FARMS	SILVER STRAND	ON-SITE AND CAMP RALLY
W9	POOL & PARK - RANCHO SIMI COMMUNITY PARK	ON-SITE	MOORPARK TEACHING ZOO AND PETTING ZOO	HANSEN DAM	ON-SITE AND CAMP RALLY



# SUMMER AT A GLANCE

CARE PROVIDED: 7:00am – 6:00pm | CAMP PROGRAMMING: 9:00am – 4:00pm

## Week 1: June 17 – June 21: Code Breaker (Closed June 19th for Juneteenth)

Gear up for a week-long adventure filled with secret codes, hidden messages, and stimulating puzzles. Campers will dig into the intriguing art of crafting and deciphering codes. Join the excitement of solving the unknown!

**Vendor – Snapology Lego Building**

## Week 2: June 24 – June 28: Let the Games Begin

Immerse yourself in the spirit of healthy competition as you participate in exhilarating tournaments, challenging obstacle courses, and colorful relay races. So, pack your sneakers, grab your water bottle, and let the games begin!

**Vendor – RAMS Training Camp**

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## Week 4: July 8 – July 12: Galactic Adventures

Are you ready for an out-of-this-world journey through the cosmos? Our campers will become fearless space explorers, unveiling the wonders of the universe through a cosmic blend of adventure and entertainment.

**Vendor – Discovery Cube Planetarium (1st-5th) & Discovery Cube Sound Exploration (TK-K)**

## Week 5: July 15 – July 19: Explore the Deep

Beat the heat and have a splashing good time in an underwater odyssey to explore the vibrant coral reefs, fascinating sea creatures, and all the other marine wonders. Our campers will forge lasting friendships, learn about the wonders of the sea, and create memories that will last a lifetime. Are you ready to dive in?

**Vendor – Mobile Tide Pool**

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**Vendor – Magician**

## Week 7: July 29 – August 2: Artful Antics

Take off on an imagination trip, where creativity meets chaos. Watch us unleash the artistic spirit within every camper, turning every day into a masterpiece of fun and expression. Bring a spare change of clothes because things are about to get messy.

**Vendor – Dream Painter**

## Week 8: August 5 – August 9: Chow Down

Get ready to stir, spice, and savor your way through the ultimate culinary adventure, where every bite tells a story and every dish is a work of art! Campers will explore a variety of cuisines, learn essential kitchen skills, and whip up mouthwatering recipes.

**Vendor – Sub Zero Ice Cream and Science Show**

## Week 9: August 12 – 16: Denim and Diamonds

Dust off your denims and shine up those diamonds as we embark in a dazzling celebration of style, fun, and the rodeo of a lifetime. Campers, gear up for a week filled with western flair and glamour.

**Vendor – Petting Zoo**

## GET IN THE SPIRIT

### 2024 CAMP THEMES

Dress up for the weekly theme every FRIDAY!

**Code Breaker:** Scientist

**Let the Games Begin:** Team Color

**Thrills and Chills:** Halloween Costume

**Galactic Adventures:** Space

**Explore the Deep:** Hawaiian

**Gardens of Enchantment:** Disney

**Artful Antics:** Crazy Hair

**Chow Down:** Favorite Food/Chef

**Denim and Diamonds:** Wild West and/or Fancy Friday

# CAMP WEEKLY STRUCTURE

Please note: Camp is primarily outdoors with some rotations inside.

Shade will be provided for outdoor rotations.

## YARROW FAMILY YMCA:

### MONDAY

All-Camp Rotations

### TUESDAY

Park & Swim  
1st – 2nd

Camp Rotations  
TK – K & 3rd – 5th

### WEDNESDAY

On-Site  
Vendor/Show

AM Swim  
TK/K  
Camp Rotations  
1st – 2nd &  
3rd – 5th

### THURSDAY

Park & Swim  
3rd – 5th

Camp Rotations  
TK – K &  
1st – 2nd

### FRIDAY

Dress Up Day,  
Pep Rally & All  
Camp Game

\*Depends on child's age/group number. Weekly schedule will be sent prior to the start of camp.

## DAILY SAMPLE SCHEDULE

7:00am – 9:00am	Extended Care
9:00am – 9:30am	Morning Huddle
9:30am – 10:15am	Rotation 1
10:25am – 11:10am	Rotation 2
11:20am – 12:05pm	Rotation 3
12:05pm – 1:00pm	Lunch
1:00pm – 1:45pm	Rotation 4
1:55pm – 2:40pm	Rotation 5
2:50pm – 3:35pm	Rotation 6
3:35pm – 4:00pm	Afternoon Huddle
4:00pm – 6:00pm	Extended Care

Rotations are different per group and each child will rotate through each activity.

## ACTIVITIES INCLUDE

Most camps will spend 2 rotations focusing on their specialty activity. The additional 2 rotations that occur throughout the day are spent at our Activity Stations which include activities like arts and crafts, STEAM, songs, games and more!

**A significant portion of the day is spent playing outside.** Please make sure you apply sunscreen to your kids before dropping them off.

## Pricing Per Week

Member Non-Member

5 days/week: \$285 | \$300

3 days/week: \$235 | \$250

LIT 5 days: \$230 | \$245

Camp scheduling and content are subject to change.

The Y's four core values are incorporated into all of our camp programs and activities: Respect, Responsibility, Honesty and Caring.



# ADVENTURE CAMP

4TH-6TH GRADERS

Field Trips by bus have returned! Adventure Camp is our older camp option where campers will go on a weekly field trip that aligns with the theme for the week. (Please take a look at the calendar below). Campers will also enjoy a camp beach day at Oxnard Beach Park. Each week will be an adventure of a lifetime. One day a week campers will be onsite and will be able to attend specialist classes and group activities.

Please note that our highly trained staff will have additional trainings on travel safety and we will be bringing one of our YMCA lifeguards to assist us at the beach



## Adventure Camp Weekly Pricing

Member Price:  
\$360 - 5 Days

Non-Member Price:  
\$375 - 5 Days

\*Adventure Camp is only a 5-day option  
due to trip reservations.



# SCHEDULE OF FIELD TRIPS

Please note: Camp is primarily outdoors with some rotations inside.  
Shade will be provided for outdoor rotations.

### YARROW FAMILY YMCA:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W1	POOL & PARK - REYES ADOBE	ON-SITE SPECIALIST CLASSES	CLOSED FOR JUNETEENTH	MOXI MUSEUM IN SANTA BARBRA	
W2	POOL & PARK - OAK CANYON	ON-SITE SPECIALIST CLASSES	SKY ZONE & ON-SITE RAMS TRAINING CAMP	OXNARD PARK BEACH	
W3	HANSEN DAM AQUATICS CENTER	ON-SITE SPECIALIST CLASSES	ON-SITE MOBILE ESCAPE ROOM & MONSTER MASH	CLOSED FOR FOURTH OF JULY	
W4	POOL & PARK- REYES ADOBE	ON-SITE SPECIALIST CLASSES	DISCOVERY CUBE	OXNARD PARK BEACH	
W5	POOL & PARK- OAK CANYON	ON-SITE SPECIALIST CLASSES	HANSEN DAM AQUATICS CENTER	OXNARD PARK BEACH	MORNING PEP RALLY AT SUMAC PARK & AFTERNOON ALL CAMP GAME
W6	POOL & PARK- FOREST COVE	ON-SITE SPECIALIST CLASSES	CSUN PAC CENTER: SPONGE BOB THE MUSICAL	OXNARD PARK BEACH	
W7	POOL & PARK- REYES ADOBE	ON-SITE SPECIALIST CLASSES	AS YOU WISH POTTERY	OXNARD PARK BEACH	
W8	POOL & PARK- OAK CANYON	ON-SITE SPECIALIST CLASSES	UNDERWOOD FAMILY FARMS AND SUB ZERO	OXNARD PARK BEACH	
W9	POOL & PARK- FOREST COVE	ON-SITE SPECIALIST CLASSES	MOORPARK TEACHING ZOO AND PETTING ZOO	OXNARD PARK BEACH	



## LEADERS IN TRAINING

**Grades 6 – 10**

The Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

Through this program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages and be an integral part of the YMCA team. LITs will assist camp groups and help facilitate camp activities under the direction of senior camp staff. LITs will learn skills necessary to become role models at camp, school and in their community.

**As an LIT, your teen will be exposed to and gain experience in the following:**

- Team Building
- Group Facilitation
- Relationship Building
- Creating Programming
- Positive Youth Development
- Conflict Management and Problem Solving
- Life Skills that will prepare them for the future
- LOTS and LOTS of fun

### YARROW FAMILY YMCA ONLY: NEW THIS YEAR! JR. GUARD ENRICHMENT

Our Jr. Guard enrichment program is a designed to instill water safety skills and leadership qualities in our campers. Through a combination of swim training, basic rescue techniques, and team activities, LITs will learn about what it takes to be a lifeguard and why they do what they do!

## MEET THE SIMI VALLEY YMCA CAMP DIRECTORS



**MADI**  
TK-1 Director



**MICHELLE**  
TK-1 Director



**SOLIEE**  
2nd-5th Director



**DANIELA**  
2nd-5th Director



**KAREENA**  
Travel Camp Director



**NIKKI**  
Travel Camp Director



**ALEA**  
LIT/Specialist

## MEET THE YARROW FAMILY YMCA CAMP DIRECTORS



**BRIE**  
Littles Director



**DORI**  
Middles Director



**JENNA**  
Bigs Director



**REMI**  
Travel Camp Director



**CONNIE**  
Alternate Director/  
Sub Director



**GISELLE**  
LIT/Specialist

### GUESS WHO SAID IT!

- "Most excited for all the fun games and water balloons"
- "Looking forward to traveling to the park and pool"
- "Excited for a new adventure traveling to fun new places"
- "LOVES all the special activities, dress up days and the energy of camp"
- "Cannot wait to see how creative the campers will get with all the crafts"

### GUESS WHO'S FAVORITE!

- Favorite Place to Eat: Buca di Beppo
- Favorite Food: Potatoes
- Favorite Camp Activity: Water Wars
- Favorite Holiday: Cinco de Mayo
- Favorite Vacation Spot: The Ocean



## PARENT HANDBOOK

### MEDICATION

Should your camper need to take medication during the program, we will administer as directed. The following items are essential for us to dispense any medications:

- The medication will need to be checked in with a day camp staff. Please do not leave the medication with your camper, including over-the-counter medication, EpiPens, inhalers, creams, eye drops, etc.
- Medication must be in its original container with labeled prescription instructions.
- A completed Medication Release form must be signed and submitted.
- All unused medicine not retrieved by the parent or legal guardian will be locked up and discarded one week after the camper's last day of camp.



### ILLNESS

Keep sick children home. Children who have had diarrhea, a fever or have vomited within the last 24 hours cannot attend camp. Parents/guardians will be notified immediately if a camper becomes ill while at camp. Parents/guardians are expected to arrange immediate pick-up of ill campers. Campers who become ill at camp will be cared for away from the group by staff until an authorized adult picks them up. Children with or showing signs/symptoms of a communicable illness cannot attend camp until they have been evaluated by a healthcare professional. Camp directors must receive written approval by a healthcare professional before children return to camp.

**As a reminder: refunds and credits will not be issued for single-day based absence and/or illness.**



Scan QR code  
to view the entire  
Parent Handbook



### INCLUSION

All Southeast Ventura County YMCA programs operate in accordance with all state and federal policies. We work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race or sexual orientation has the opportunity to reach their full potential with dignity.

YMCA summer camps are designed to provide accessibility for children with moderate visual, auditory, orthopedic, mental and emotional challenges. Call camp directors to discuss your child's specific needs prior to registering.

### SAFETY & SUPERVISION

All camp staff are certified in CPR and First Aid and participate in a week-long training of YMCA policies and procedures. Campers are supervised by staff at all times. At no time will one YMCA staff member be alone with one child. At no time will YMCA LIT campers supervise campers without a YMCA camp counselor present.



### WHAT TO PACK FOR CAMP

SWIMSUIT  
AND TOWEL

HEALTHY LUNCH  
AND TWO SNACKS  
(READY-TO-EAT)

SUNSCREEN

HAT  
(OPTIONAL)

CLOSE-TOED  
SHOES

"I'M READY  
TO HAVE FUN"  
ATTITUDE

REFILLABLE  
WATER BOTTLE





## SWIMMING AT THE Y

In order to ensure the safety of all swimmers at the Y, we conduct swim tests! Swim tests allow the aquatic staff to make recommendations regarding personal flotation devices and appropriate swim areas based on the swimmer's skill level.

### WHAT IS THE SWIM TEST?

The swim test consists of 2 parts: swimming the length of the pool and treading water for 30 seconds.

We conduct this test for all of our youth swimmers to ensure they have the strength and stamina to keep their head above water and get to the closest wall, if need be.

### WHAT ARE WE LOOKING FOR WHEN CONDUCTING A SWIM TEST?

We are looking for continuous forward movement through the water and the stamina to support it. If we see a swimmer who can swim the length of the pool but looks exhausted or their body position has gone from horizontal to vertical, then we will recommend that they wear a life jacket or puddle jumper. Even though they may have been able to swim the length, they may not have the stamina to swim without an adult in the water for an extended amount of time, which can easily lead to an aquatic emergency.

### WHO NEEDS TO TAKE THE SWIM TEST?

Any child that would like to swim without a life jacket or puddle jumper is required to take the swim test. If you would prefer your child to wear a life jacket/puddle jumper, we can easily set them up without putting them through the swim test.

Please remember that swimming at the Y is different than swimming in a backyard pool. Please review the rules so that you are familiar with them. We can't wait for you to enjoy our pool and to have a fun (and safe) experience!



## SAFE POOLS HAVE RULES

### SWIM SAFELY

- Obey the lifeguard at all times.
- Lifeguards are on duty to enforce rules and respond in case of emergency.
- Breath holding activities are not permitted in Y pools.
- YMCA lifeguards may test the swimming competency of any swimmer.

### PLAY SAFELY

- No riding on backs, diving, running or rough play.
- We have camp staff in the water the entire time during swim sessions.
- Non-swimmers may wear a U.S. Coast Guard approved personal flotation device, such as a life jacket or puddle jumper, and must have an adult in the pool with them at all times. No water wings, floaties, or other inflatables.
- No sitting, hanging on or crossing over lane lines allowed.

### RESPECT OTHERS

- All swimmers must shower at the YMCA before entering the pool.
- Proper swim attire must be worn at all times. Cut-offs, t-shirts or other cotton clothing are NOT permitted in the pool.
- No food, glass or gum is allowed in the pool area. Plastic water bottles are allowed.
- Please throw all trash in designated trash receptacles.
- Return equipment to the appropriate location after use.
- Please have the utmost respect for the Y's equipment.
- Be safe and have fun!



## WE ARE HIRING FOR CAMP!

We are hiring camp staff for the summer of 2024 at both of our camp locations: Simi Valley YMCA & Yarrow Family YMCA.

### WORK FOR THE Y!

**A Camp Counselor is more than a job:**

- Feel valued and respected
- Be a role model
- Forge meaningful relationships with peers
- Work outside with children
- Gain valuable experience and build your resume
- Leadership development
- Creative thinking
  - Time management
  - Problem solving
  - Communication
  - Collaboration
- AND SO MUCH MORE!

**PLUS,  
You receive  
a FREE Y  
Membership!**



### SOUTHEAST VENTURA COUNTY YMCA

#### Simi Valley YMCA

3200 Cochran St, Simi Valley  
(805) 583-5338

#### Yarrow Family YMCA

31105 Thousand Oaks Blvd, Westlake Village  
(818) 707-9622

[www.sevymca.org/jobs](http://www.sevymca.org/jobs) • [info@sevymca.org](mailto:info@sevymca.org)

## SEND A CHILD TO CAMP

### IMAGINE THE IMPACT YOU CAN MAKE

Summer at the Y is filled with excitement, adventure, new friends, lifelong memories and discovery. Amidst all the fun of swimming, sports, activities, archery, STEM, on-site shows, picnics in the park and art, children develop positive attitudes and skills that build character and promote leadership.

**For many families, this wonderful opportunity is not possible without the financial assistance the SEND A CHILD TO CAMP campaign provides.**

Help send a deserving child to camp this summer by giving a donation when you register.

**DID YOU  
KNOW?**

Children ages 8 -12  
spend approximately  
7 hours per day  
looking at  
screens.

**GOAL**  
To help 50  
children attend  
Summer Camp  
2024!



Financial assistance is available to ensure that every child is given the opportunity to experience summer camp. Please contact us at [info@sevymca.org](mailto:info@sevymca.org) or stop by the front desk at your local Y to learn more about our camp and financial assistance options.





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Registration NOW OPEN!**

# EXPLORE DREAM DISCOVER

## AFTERSCHOOL PROGRAM



Learn More About  
Our Afterschool  
Program



### SIMI VALLEY YMCA

TK – 6th

- Arroyo Elementary
- Atherwood Elementary
- Big Springs Elementary
- Hollow Hills Elementary
- Katherine Elementary
- Sycamore Elementary
- White Oak Elementary

### CONEJO VALLEY YMCA

TK – 5th

- MATES
- Peach Hill Academy

### YARROW FAMILY YMCA

TK – 5th

- Sumac/Mariposa Elementary
- White Oak Elementary
- Willow Elementary
- Yerba Buena Elementary

### Katie Oberman, Sr. Child Care Director

Yarrow Family YMCA & Conejo Valley YMCA  
koberman@sevymca.org | 818.707.9622 ext. 5012

### Val Ross, Sr. Child Care Director

Simi Valley YMCA  
vross@sevymca.org | 805.583.5338 ext. 4005

[www.sevymca.org/child-care](http://www.sevymca.org/child-care)

\*Not affiliated with CVUSD, LVUSD, MUSD or SVUSD

