



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**FREE  
EVENT**

# Yarrow Family YMCA **FREE CPR TRAINING**

Sunday, October 29, 2023 • 10 a.m.–12 p.m.

- R.S.V.P. strongly suggested
- 20-minute sessions throughout the 2-hour period  
(Each 20-minute session includes CPR and AED Training)
- Water and light snacks will be provided

\*This is not a CPR certification course.  
Limit 20 people per session.



**RSVP HERE**

