

# YOUTH ENRICHMENT CLASS DESCRIPTIONS

**BALLET/TAP COMBO (Preschool 3–5yrs):** Ballet and tap basic techniques will be taught through creative and energetic songs and activities.

**BASKETBALL SKILLS AND DRILLS (Preschool 3–5yrs):** This introductory class will present the rules and fundamental skills of the game aimed to advance player development, promote self confidence, teamwork and good sportsmanship. The overall aim is for all players to have a positive experience and demonstrate competency in practice and game-like scenarios.

**BEGINNING TAP (Combo 6–11yrs):** Learn beginner tap moves and techniques while improving rhythm.

**\*NOTE:** Instructor will assess student for possible placement in **Intermediate Level**

**DANCE AROUND THE WORLD (Combo 6–11yrs, Family):** Dancers will learn different styles of dance from around the world. From classical Indian to Hula, this class will immerse your child in different cultures all while getting to dance!

**DRAWING/CARTOONING (Combo 6–11yrs):** Learn drawing techniques and draw some of your favorite cartoons and characters. All you need is a pencil and paper!

**DUPLO CLUB (Preschool 3–5yrs):** Preschoolers will work on fine motor skills, teamwork, sharing, and creativity in our Duplo Club.

**FAMILY BOOTCAMP (8yrs and up):** Stay active and healthy as a family! Circuits, drills, and games will be used to incorporate exercises in a fun and engaging way. Class is for 8yrs and up!

**HIP HOP (Preschool, Combo):** Teaching fun and age appropriate dance moves, kids will work on coordination, rhythm, and self-confidence!

**LEGO CLUB (Combo 6–11yrs):** Calling all Lego fanatics! Kids in the club will get creative and hang out with friends all while playing with Legos

**LITTLE CRAFTERS (Preschool 3–5yrs):** Learn fine motor skills, color knowledge, self-expression, and much more with exciting craft projects.

**LITTLE GROOVERS (Baby & Me 1–2yrs):** Children will engage in dance and music activities that help them develop their gross motor skills and creative expression.

**PAINTING (Combo 6–11yrs):** Learn painting techniques and develop your artistic style. Students will progress their paintings through the session and take home their works of art. \*Supply fee paid at time of registration

**PLAYCADEMICS (Combo 6–11yrs) :** Playcademics is a play based learning that provides academic enrichment and socialization remediation for children at all cognitive levels. [Playcademics is a inclusive class that encourages kids of ALL COGNITIVE ABILITIES to play games together.](#) Board games, outdoor games, creating art may all be part of Playcademics activities.

**PRESCHOOL FUN (Preschool 3–5yrs):** In this fun and engaging class for 3–5 year-olds, children will get a chance to listen to stories, sing songs, learn something new, move their bodies, and interact with their peers. Join us for all the best of preschool condensed into a 30-minute class!

**SILLY SCIENCE (Combo 6–11yrs):** Fun experiments that will have kids wanting more!

**SOCCER SKILLS & DRILLS (Preschool 3–5yrs, Combo 6–11yrs):** This introductory class will present the rules and fundamental skills of the game aimed to advance player development, promote self confidence, teamwork and good sportsmanship. The overall aim is for all players to have a positive experience and demonstrate competency in practice and game-like scenarios.

**SPANISH (Preschool 3–5yrs, Combo 6–11yrs):** Learn basic words and phrases through engaging activities and songs.

**Yoga (Preschool, Combo, Family):** Kids will learn the basics of yoga along with practicing mindfulness, meditation, and relaxation.

## DROP-IN CLASSES:

- Members continue to use the app to reserve spots in class up to 49 hours in advance
- Classes are an added value to monthly membership fee

## SESSION-BASED CLASSES:

- Members must register online in advance for these classes. They are included in your membership.
- Sessions are 6 weeks long
- Child will be registered to participate in the entire 5 weeks of classes.
- Parents will not need to reserve a spot in the class on the app. They can just show up to the registered class on the days it is scheduled.
- The classes will be progressive with the students displaying skills and knowledge focused on during the 6 weeks.
- Each child may only register for two classes per session.
- We do not allow drop-ins to these classes.
- If the class is full when you register, you will be put on a wait list.
- Waitlist students cannot participate in the class until they are official registered in the class.
- Parents must remain inside the facility during the duration of their child's youth enrichment class.

**SUPPLY FEE:** Some of our session-based classes require a supply fee. The fee is just to cover the supplies your child will need during the length of the class. ie: paint brushes & paint for the paint classes.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FIND YOUR PASSION

YARROW FAMILY YMCA  
YOUTH ENRICHMENT SCHEDULE

## SUMMER 2 SESSION

JULY 31– SEPTEMBER 2

### WE BELIEVE...

At Yarrow Family YMCA we build relationships, impact lives, and strengthen community through:

- Healthy Living
- Social Responsibility
- Youth Development

### • UPCOMING SESSION DATES:

FALL 1 9/11–10/21

Registration opens online Monday 8/28

### FRIENDLY REMINDERS...

- Every child gets a maximum of 2 classes to register in per session.
- Must be registered to participate for session based classes. Must reserve a spot in app for drop in classes.
- **Be on time for class:** All classes have a grace period of 5 minutes to arrive on time. Any later will result in a recorded absence.
- If a student misses consecutive 2 classes, they will be dropped and their space will become available to someone on the waitlist.
- PLEASE have students use the restroom before class begins. Students who need to use the restroom will need a parent to accompany them to the bathroom and back to class.
- Please follow our dress code for dance and active classes.



YARROW FAMILY YMCA | 31105 Thousand Oaks Blvd., Westlake Village, CA 91362

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# YARROW FAMILY YMCA

## YOUTH ENRICHMENT SCHEDULE

### YMCA HOURS

Monday - Thursday: 6am - 9pm  
 Friday: 6am - 7pm  
 Saturday: 7am - 4pm  
 Sunday: 7am - 2pm

### KIDS' ZONE HOURS

Monday-Thursday: 8am - 12pm;  
 2:45pm - 7pm  
 Friday: 8am - 12pm  
 Saturday: 8am - 12pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DROP IN</b>                      10:30AM - 11:00AM  <b>LITTLE GROOVERS</b>                      BABY &amp; ME                      MS. TORI   STUDIO 1</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      10:00AM - 10:45AM  <b>PRESCHOOL TUMBLING</b>                      PRESCHOOL 3-5YRS                      MS. NIKKI   STUDIO 4</p> <p>4:00M - 4:30PM  <b>BASKETBALL SKILLS &amp; DRILLS</b>                      PRESCHOOL 3-5YRS                      MR. TIM   GYM</p> <p>3:00PM - 3:30PM  <b>ART &amp; MUSIC</b>                      PRESCHOOL 3-5YRS                      MS. NADEEN   STUDIO 1</p> <p><b>6-11 YRS OLD</b>                      8:45-9:30AM  <b>FAMILY BOOTCAMP</b>                      (8 YEARS &amp; UP)                      JARRETT &amp; NATHAN                      STUDIO 1</p> <p>3:45PM - 4:30PM  <b>ART &amp; MUSIC</b>                      COMBO 6 - 11 YRS                      MS. NADEEN   STUDIO 1</p> <p>4:45PM - 5:30PM  <b>PLAYCADEMICS</b>                      COMBO 6 - 11 YRS                      MS. NADEEN   STUDIO 3</p> <p><small>*6-11 yrs Basketball offered as program. Please see flyer for program information and fee.</small></p>	<p><b>DROP IN</b>                      NO DROP IN CLASSES SCHEDULED</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      9:45AM - 10:30AM  <b>LITTLE CRAFTERS</b>                      PRESCHOOL 3-5YRS                      MS. ERIN   STUDIO 1</p> <p>10:45AM - 11:15AM  <b>DUPLO CLUB</b>                      PRESCHOOL 3-5YRS                      MS. ERIN   STUDIO 1</p> <p>4:00PM - 4:30PM  <b>PRESCHOOL SPANISH</b>                      PRESCHOOL 3-5YRS                      MS. SUSY   STUDIO 1</p> <p><b>6-11 YRS OLD</b>                      3:00PM - 3:45PM  <b>CHESS</b>                      COMBO 6 - 11 YRS                      MR. NATHAN   STUDIO 1</p> <p>4:30PM - 5:00PM  <b>BEGINNING TAP</b>                      COMBO 6 - 11 YRS                      MS. KIM   STUDIO 3</p> <p>5:00PM - 5:30PM  <b>INTERMEDIATE TAP</b>                      COMBO 6 - 11 YRS                      MS. KIM   STUDIO 3</p> <p>4:45PM - 5:15PM  <b>KIDS' SPANISH</b>                      COMBO 6-11YRS                      MS. SUSY   STUDIO 1</p>	<p><b>DROP IN</b>                      9:00AM - 9:30AM  <b>BABY DANCE PARTY (0-1YRS)</b>                      BABY &amp; ME                      MS. TORI   STUDIO 1</p> <p>10:30AM - 11:00AM  <b>LITTLE GROOVERS (1-2YRS)</b>                      BABY &amp; ME                      MS. TORI   STUDIO 1</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      3:30PM - 4:00PM  <b>PRESCHOOL SPANISH</b>                      PRESCHOOL 3-5YRS                      MS. SUSY STUDIO 1</p> <p><b>6-11 YRS OLD</b>                      4:00PM - 4:45PM  <b>KIDS' PICKLEBALL</b>                      COMBO 6-11YRS                      MR. NATHAN &amp; TATE   GYM</p> <p>4:15PM - 4:45PM  <b>KIDS' SPANISH</b>                      COMBO 6-11YRS                      MS. SUSY   STUDIO 1</p> <p>4:30PM - 5:15PM  <b>DANCE AROUND THE WORLD</b>                      COMBO 6 - 11 YRS                      MS. HUMERAH   STUDIO 3</p> <p>5:00PM - 5:30PM  <b>LEGO CLUB</b>                      COMBO 6 - 11 YRS                      MR. NATHAN   STUDIO 1</p>	<p><b>DROP IN</b>                      NO DROP IN CLASSES SCHEDULED</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      9:45AM - 10:30AM  <b>BALLET/TAP</b>                      PRESCHOOL 3-5YRS                      MS. TORI   STUDIO 1</p> <p>10:45AM - 11:15AM  <b>PRESCHOOL FUN</b>                      PRESCHOOL 3-5YRS                      MS. TORI   STUDIO 1</p> <p>3:00PM - 3:30PM  <b>HIP HOP</b>                      PRESCHOOL 3-5YRS                      MS. TORI   STUDIO 3</p> <p>3:00M - 3:30PM  <b>BASKETBALL SKILLS &amp; DRILLS</b>                      PRESCHOOL 3-5YRS                      MS. ERIN   GYM</p> <p>3:30M - 4:00PM  <b>BASKETBALL SKILLS &amp; DRILLS</b>                      PRESCHOOL 3-5YRS                      MS. ERIN   GYM</p> <p><b>6-11 YRS OLD</b>                      3:30PM - 4:00PM  <b>DRAWING/CARTOONING</b>                      COMBO 6 - 11 YRS                      MR. LOU   STUDIO 1</p> <p>4:15M - 5:00PM  <b>PAINTING*</b>                      COMBO 6 - 11 YRS                      MR. LOU   STUDIO 1</p> <p>3:30PM - 4:15PM  <b>MUSICAL THEATER DANCE</b>                      COMBO 6-11YRS                      MS. TORI   STUDIO 3</p> <p>4:15PM - 5:00PM  <b>HIP HOP</b>                      COMBO 6-11YRS                      Y STAFF   STUDIO 4</p> <p>5:00PM - 5:45PM  <b>KIDS' ULTIMATE FRISBEE</b>                      COMBO 6-11YRS                      MR. ALEX   TURF</p>	<p><b>DROP IN</b>                      NO DROP IN CLASSES SCHEDULED</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      9:00AM - 9:30AM  <b>BASKETBALL SKILLS &amp; DRILLS</b>                      PRESCHOOL 3-5YRS                      MR. TIM   GYM</p> <p><b>6-11 YRS OLD</b>                      *6-11 yrs Basketball offered as program. Please see flyer for program information and fee.</p>	<p><b>DROP IN</b>                      NO DROP IN CLASSES SCHEDULED</p> <p><b>PRESCHOOL (3-5 YRS OLD)</b>                      9:00AM - 9:30AM  <b>SOCCER SKILLS &amp; DRILLS</b>                      PRESCHOOL 3-5YRS                      MR. NATHAN &amp; MS. ERIN   TURF</p> <p>10:00AM - 10:30AM  <b>PRESCHOOL TUMBLING</b>                      PRESCHOOL 3-5YRS                      MS. NIKKI   STUDIO 4</p> <p><b>6-11 YRS OLD</b>                      9:00AM - 9:45AM  <b>BEGINNING TUMBLING</b>                      COMBO 6 - 11 YRS                      MS. NIKKI   STUDIO 4</p> <p>9:00AM - 9:45AM  <b>DRAWING/CARTOONING</b>                      COMBO 6 - 11 YRS                      MR. LOU   STUDIO 1</p> <p><small>*6-11 yrs Soccer offered as program. Please see flyer for program information and fee.</small></p>