



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHEAST VENTURA COUNTY YMCA

YARROW FAMILY YMCA

ENRICHMENT CLASSES



...DROP-IN CLASSES: RESERVATION ON APP REQUIRED...

MONDAY

10:30AM - 11:00AM
LITTLE GROOVERS
BABY & ME
MS. TORI | STUDIO 1

5:15PM - 6:00PM
FAMILY DANCE AROUND THE WORLD
5YRS AND UP
MS. HUMERAH | STUDIO 1

TUESDAY

6:00PM - 6:30PM
FAMILY YOGA
6YRS & UP
MS. JAVAUGHN | STUDIO 4

WEDNESDAY

10:30AM - 11:00AM
LITTLE GROOVERS
BABY & ME
MS. TORI | STUDIO 1

THURSDAY

NO DROP IN CLASSES SCHEDULED

FRIDAY

NO DROP IN CLASSES SCHEDULED

SATURDAY

9:30AM
FAMILY BOOTCAMP (8 YEARS & UP)
JARRETT & NATHAN
STUDIO 3

...WINTER 1 SESSION : 1/16 - 2/25 | REGISTRATION REQUIRED...

4:00PM - 4:45PM
DRAWING/CARTOONING
COMBO 6 - 11 YRS
MR. LOU | STUDIO 1

4:00M - 4:30PM
BASKETBALL SKILLS & DRILLS
PRESCHOOL 3-5YRS
MR. TIM | GYM

4:45PM - 5:30PM
BASKETBALL SKILLS & DRILLS
COMBO 6 - 11 YRS
MR. TIM | GYM

4:30PM - 5:15PM
PLAYCADEMICS
COMBO 6 - 11 YRS
MS. JAVAUGHN | STUDIO 3

4:30PM - 5:15PM
TAP
COMBO 6 - 11 YRS
MS. KIM | STUDIO 3

4:30PM - 5:00PM
PRESCHOOL YOGA
PRESCHOOL 3-5YRS
MS. JAVAUGHN | STUDIO 4

5:15PM - 5:45PM
KIDS' YOGA
COMBO 6-11YRS
MS. JAVAUGHN | STUDIO 4

9:00AM - 9:30AM
PRESCHOOL DANCE
PRESCHOOL 3-5YRS
MS. SAVANNAH | STUDIO 1

9:45AM - 10:15AM
DUPLO CLUB
PRESCHOOL 3-5YRS
MS. SAVANNAH | STUDIO 1

4:30PM - 5:15PM
DANCE AROUND THE WORLD
COMBO 6 - 11 YRS
MS. HUMERAH | STUDIO 3

4:30PM - 5:00PM
LITTLE CRAFTERS
PRESCHOOL 3-5YRS
MS. JAVAUGHN | STUDIO 1

5:15PM - 6:00PM
CLAY CREATIONS*
COMBO 6 - 11 YRS
MS. JAVAUGHN | STUDIO 1

9:45AM - 10:30AM
BALLET/TAP
PRESCHOOL 3-5YRS
MS. TORI | STUDIO 1

10:30AM - 11:00AM
PRESCHOOL FUN
PRESCHOOL 3-5YRS
MS. TORI | STUDIO 1

3:00PM - 3:30PM
HIP HOP
PRESCHOOL 3-5YRS
MS. TORI | STUDIO 3

4:00M - 4:45PM
PAINTING*
COMBO 6 - 11 YRS
MR. LOU | STUDIO 1

4:15PM - 5:00PM
HIP HOP
COMBO 6-11YRS
MS. SAVANNAH | STUDIO 3

5:15PM - 5:45PM
LEGO CLUB
COMBO 6 - 11 YRS
MS. SAVANNAH | STUDIO 1

NO SESSION-BASED CLASSES SCHEDULED

9:00AM - 9:45AM
SOCCER SKILLS & DRILLS
COMBO 6 - 11 YRS
MS. SABRINA | TURF

10:00AM - 10:30AM
SOCCER SKILLS & DRILLS
PRESCHOOL 3-5YRS
MS. SABRINA | TURF

* CLASS HAS A SUPPLY FEE

TO VIEW CURRENT SCHEDULES
SCAN HERE



KIDS' ZONE HOURS:

MON - SAT:
8AM - 12PM

MON - THURS:
2:45PM - 7PM



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ENRICHMENT CLASSES

www.sevymca.org/enrichment



DROP-IN CLASSES:

- Members continue to use the app to reserve spots in class up to 49 hours in advance
- Classes are an added value to monthly membership fee
- Reserve a spot in class every time you would like your child to join

SESSION-BASED CLASSES:

- Members must register online in advance for these classes. They are included in your membership.
- Sessions are 6 weeks long
- Child will be registered to participate in the entire 6 weeks of classes.
- Parents will not need to reserve a spot in the class on the app. They can just show up to the class on the days it is scheduled.
- The classes will be progressive with the students displaying skills and knowledge focused on during the 6 weeks.
- Each child may only register for two classes per session.
- We do not allow drop-ins to these classes.
- If the class is full when you register, you will be put on a wait list and we will contact you if a space opens up

SUPPLY FEE:

Some of our session-based classes require a supply fee. The fee is just to cover the supplies your child will need during the length of the class. ie: paint

BALLET/TAP (Preschool 3-5yrs): Ballet and tap basic techniques will be taught through creative and energetic songs and activities.

BASKETBALL SKILLS & DRILLS (Preschool 3yrs & Combo 6-11yrs): This introductory class will present the rules and fundamental skills of the game aimed to advance player development, promote self confidence, teamwork and good sportsmanship. The overall aim is for all players to have a positive experience and demonstrate competency in practice and game-like scenarios.

CLAY CREATIONS: This 30 minute session can captivate a child's interest for hours, and it has a calming effect. The beaming smile on a child's face after creating several masterpieces in this class is impossible to ignore! *Supply fee paid at time of registration

DANCE AROUND THE WORLD (Combo 6-11yrs): Dancers will learn different styles of dance from around the world. From classical Indian to Hula, this class will immerse your child in different cultures all while getting to dance!

DRAWING/CARTOONING (Combo 6-11yrs): Learn drawing techniques and draw some of your favorite cartoons and characters. All you need is a pencil and paper!

DUPLO CLUB Preschool 3-5yrs): Preschoolers will work on fine motor skills, teamwork, sharing, and creativity in our Duplo Club.

HIP HOP (Preschool 3-5yrs/Combo 6-11yrs): Teaching fun and age-appropriate dance moves, kids will work on coordination, rhythm, and self-confidence!

FAMILY BOOTCAMP (8yrs and up): Stay active and healthy as a family! Circuits, drills, and games will be used to incorporate exercises in a fun and engaging way. Class is for 8yrs and up!

LEGO CLUB: Calling all Lego fanatics! Kids in the club will get creative and hang out with friends all while playing with Legos.

LITTLE GROOVERS (Baby and Me): Children will engage in dance and music activities that help them develop their gross motor skills and creative expression.

LITTLE CRAFTERS (Preschool 3-5yrs): Learn fine motor skills, color knowledge, self-expression, and much more with exciting craft projects. *Supply fee paid at time of registration

PAINTING (Combo 6-11yrs): Learn painting techniques and develop your artistic style. Students will progress their paintings through the session and take home their works of art. *Supply fee paid at time of registration

PLAYCADEMICS Playcademics is a play based learning that provides academic enrichment and socialization remediation for children at all cognitive levels. [Playcademics is an inclusive class that encourages kids of ALL COGNITIVE ABILITIES to play games together.](#) Board games, outdoor games, creating art may all be part of Playcademics activities.

PRESCHOOL FUN (Preschool 3-5yrs): In this fun and engaging class for 3-5 year-olds, children will get a chance to listen to stories, sing songs, learn something new, move their bodies, and interact with their peers. Join us for all the best of preschool condensed into a 30-minute class!

SOCCER SKILLS & DRILLS (Preschool 3yrs/ Combo 6-11yrs): This introductory class will present the rules and fundamental skills of the game aimed to advance player development, promote self confidence, teamwork and good sportsmanship. The overall aim is for all players to have a positive experience and demonstrate competency in practice and game-like scenarios.

TAP (Combo 6-11yrs): Introduction tap technique, etiquette, and terminology. Dancers will develop foundational concepts of tap dance such as coordination, rhythm, and musicality. Curriculum will progress with basic tap steps and simple choreography.

YOGA (Preschool 3-5yrs/Combo 6-11yrs): Kids will learn the basics of yoga along with practicing mindfulness, meditation, and relaxation.