



# SIMI VALLEY YMCA



## THANKSGIVING WEEK SCHEDULE

**THURSDAY, NOVEMBER 24**  
**FACILITY CLOSED | HAPPY THANKSGIVING**

**FRIDAY, NOVEMBER 25**  
**6AM - 12PM**

### AQUATICS

**7am - 11:30am**

**LAP SWIM**

**LAP LANE POOL**

**7am - 8am & 9am - 11:30am**

**OPEN SWIM**

**WARM WATER POOL**

### AQUATIC GROUP X

**8am - 8:45am**

**MIND BODY H2O**

**WARM WATER POOL**

### BLACK FRIDAY WORKOUT PARTY

**8am - 8:30am**

**GROUP CYCLE**

**8:30am - 9am**

**STRENGTH ENDURANCE**

**9am - 9:30am**

**PILATES FUSION**

**9:45am - 10:45am**

**SENIOR POWER HOUR**

### KIDS' ZONE

**8am - 11am**