



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE PART OF SOMETHING GREAT

MEMBERSHIP AT THE HOERNER YMCA

Updated September 16, 2022



HOERNER YMCA MEMBERSHIP POLICY

I. THE Y MISSION

The Hoerner YMCA is committed to building strong kids, individuals, families, and communities through programs and services that promote a healthy spirit, mind, and body for all. We invite, welcome, and involve everyone to work side by side with us regardless of age, income, or background so all have an opportunity to learn, grow, and thrive.

II. THE Y CAUSE

The Y is a powerful association of men, women, and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community. We know that lasting personal and social change comes about when we all work together. Every day we work side-by-side with our community to nurture potential in our community.

III. AREAS OF FOCUS

Youth Development: Nurturing the potential of every child and teen.

We believe that all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating the values, skills, and relationships that lead to positive behaviors, better health and educational achievement.

Healthy Living: Improving the community's health and well-being.

In communities across the nation, the Y is a leading voice on health and well-being. With a mission that is centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun, and shared interests. As a result, millions of youths, adults, and families are receiving the support, guidance, and resources needed to achieve greater health and well-being for their spirit, mind, and body.

Social Responsibility: Giving back and providing support to our community.

The Y fosters the care and respect people need and deserve. Through the Y, volunteers, donors, leaders, and partners across the country are empowering millions of people in the US and around the world to be healthy, confident, connected, and secure.

IV. THE Y VALUES

Our core values unite us as a movement with a common cause. They are the shared beliefs and essential principles that guide our behavior, interactions with each other and decision-making. The four values of the Y are:

CARING: Show a sincere concern for others.

HONESTY: Be truthful in what you say and do.

RESPECT: Follow the golden rule – treat others as you wish to be treated.

RESPONSIBILITY: Be accountable for you promises and actions.

V. POLICY OF NONDISCRIMINATION

It is the policy of the YMCA to make memberships available to all persons regardless of race, color, religion, sex, age, marital status, sexual orientation, gender identity or expression, national origin, disability, or financial circumstances without discrimination.

The Hoerner YMCA offers locker rooms with showers and saunas for members to use daily. The YMCA is not liable for articles damaged, lost, or stolen. The facility hosts a Men’s Locker Room, a Women’s Locker Room, and a Family Locker Room.

- Please wear appropriate attire – the Y is a family-oriented organization, and your attire must always be appropriate throughout all areas of our facility. Swimsuits are required in the pool and proper workout attire and gym shoes should be worn when working out. Coverage is required even in the locker rooms and sauna; please keep towel, wrap, or clothes on at all times except when showering or while changing.

The policy of the YMCA is to allow everyone to self-identify their gender. It is unlawful and violates the Hoerner YMCA policy to discriminate in any way against a member, guest, or employee because of the member, guest, or employee’s actual or perceived gender identity. The Hoerner YMCA is committed to creating a safe environment for transgender and gender non-conforming members, guests, or employees. Please request to see the Hoerner YMCA’s full policy at the front desk.

- **Members and guests are encouraged to take responsibility for their personal comfort and safety by asking any person whose behavior threatens their comfort to refrain from such behavior, and/or should immediately report the behavior to a staff member on duty. Members and guests should not hesitate to notify a staff member if aid is needed.**

The Family Locker Room is for parents with small children of opposite genders. Persons with disabilities also have full access to our Family Locker Room, which has wider hallways and a private bathroom and shower. The Y serves people of all abilities. We provide reasonable accommodations to enable all people to participate in our programs and services. Please contact the front desk if there is an accommodation that you need.

VI. MEMBERSHIP PRIVILEGES AND CONDITIONS

Safety is a cornerstone of our operations and membership scan cards are essential tools to maintaining safety. Members above age 14 receive a scan card with a unique bar code. Please keep track of it and present it at the front desk upon every entry to the facility. Never loan or transfer your scan card to someone else; these actions are grounds for termination. If we find your membership is not current, you may not enter the facility without purchase of a day pass or renewal of membership.

Continuity of Membership: Members shall be encouraged to regard membership in the Y as a continuous relationship regardless of payment timing. Memberships are terminated through cancellation by the member in writing (30 days' notice, including non-payment of dues) or by action of the CEO or Membership Services Director.

Membership fees are non-refundable.

Members may receive priority privileges for most programs, including pricing.

The Hoerner YMCA is a part of the Nationwide Program. This means your membership with us may be used at other Ys across the country. See the front desk for details.

The Hoerner YMCA is not liable for any and all injuries or illnesses which may be suffered in connection with any activities or programs. Everyone must assume their own risk. The Y also insists that every member have their own personal health and liability insurance, since the Y is not liable for any injuries or illnesses sustained.

OUTSIDE INSTRUCTOR POLICY

The YMCA DOES NOT ALLOW any individual not employed or paid through the YMCA to give instruction, coach or personal training to another member or non-member with-in the facility or on the grounds. The definition of this is any behavior perceived as coaching, training and/or counseling that involves payment or a "trade out" for services, even if both "trainer" and "client" are YMCA members. (Full policy available at the front desk)



VII. CODE OF CONDUCT

Members join the Y in an intentional step toward seeking new opportunities to learn, grow, and thrive. Members come together with men, women, and children from the community in a commitment to youth development, healthy living, and social responsibility. With the values of caring, honesty, respect, and responsibility, the Y works with each member every day to help them realize their potential. We promote and expect the same from our members to create a safe, fun, inclusive, and nurturing place for all. Our code of conduct outlines these expectations:

We encourage the following:

- Engaging in healthy lifestyles
- Respecting differences and celebrating diversity
- Modeling empathy
- Learning new skills
- Meeting other people
- Supporting relationships
- Volunteering
- Being a role model
- Behaving in a safe way

The following are **not** permitted on YMCA premises or sponsored functions and members and nonmembers alike may be asked to leave the premises without refund or warning if any of the following occur:

- Verbally abusive behavior, including angry or vulgar language, swearing, name calling or shouting
- Inappropriate sexual, physical, or verbal contact
- Posturing, bullying, or intimidation
- Using or possessing alcohol or illegal chemicals
- Wearing inappropriate attire – the Y is a family-oriented organization, and your attire must always be appropriate throughout all areas of our facility. Swimsuits are required in the pool and proper workout attire and gym shoes should be worn when working out. Coverage is required even in the locker rooms and sauna; please keep towel, wrap, or clothes on at all times except when showering or while changing.
- Smoking of any kind – the YMCA and its property are smoke free environments
- Carrying or concealing a weapon or any device or object that may be used as a weapon
- Harassment or intimidation by words, gestures, body language, or any type of menacing behavior
- Physical contact with another person in an angry, aggressive, inappropriate, or threatening way
- Discriminatory speech or actions
- Sexually explicit conversation or behavior; any sexual contact with another person
- Theft or behavior that results in the destruction or loss of property
- Loitering within or on the grounds of the Y
- Any other behavior deemed in conflict with the YMCA Mission, the CEO, Membership Services Director, or staff

YOUTH CONDUCT POLICY

At the Hoerner YMCA, we strive to be a youth-serving, community-based membership organization that promotes the core values of caring, honesty, respect, and responsibility through programs and activities that help build a healthy spirit, mind, and body. Participation in the organization's programs is subject to the observance of the organization's rules and procedures. The following activities are strictly prohibited by youth at any time, whether participating in a program, hanging out in the Teen Center, or on YMCA property. If any of the following are violated,

members and nonmembers alike may be asked to leave the premises without refund or warning:

- Abusive language toward a staff member, volunteer, or program member
- Possession or use of alcoholic beverages or illegal drugs on Hoerner YMCA property or reporting to the program or facility while under the influence of drugs or alcohol
- Bringing onto the YMCA property any dangerous or unauthorized materials such as explosives, firearms, weapons, or other similar items
- Damaging any YMCA property or the property of other program participants, members, or guests
- Discourtesy or rudeness to a fellow program member, staff, or volunteer
- Verbal, physical, or visual harassment of another program member, staff, or volunteer
- Actual or threatened violence toward any individual or group
- Conduct endangering the life, safety, health, or well-being of others
- Failure to follow any agency policy or procedure
- Bullying or taking unfair advantage of any program member, staff, or volunteer
- Failing to cooperate with an adult supervisor, leader, or mentor
- Wearing inappropriate attire – the Y is a family-oriented organization, and your attire must always be appropriate throughout all areas of our facility. Swimsuits are required in the pool and proper workout attire and gym shoes should be worn when working out. Coverage is required even in the locker rooms and sauna; please keep towel, wrap, or clothes on at all times except when showering or while changing.
- Smoking of any kind – the YMCA and its property are smoke free
- Not demonstrating the YMCA values of honesty, caring, respect, and responsibility

If members are in violation of the Y's policies and procedures, or for any other improper and/or inappropriate conduct, they may be asked to leave or may result in termination of membership.

Youths still in school may not be at the Y during school hours (8 am-3 pm) without a parent/guardian.

In addition, the YMCA reserves the right to deny access or membership to any person who has been accused or convicted of any crime involving sexual abuse, is or has

been a registered sex offender, has a history of violent offenses, has ever been convicted of any offense related to the use, sale, possession, or transportation of narcotics or habit forming and/or dangerous drugs, or is presently or habitually under the influence of dangerous drugs or chemicals, narcotics, or intoxicating beverages. (Note: the YMCA conducts periodic sexual offender scans on the National Sex Offender Registry Database.)

Members and guests are encouraged to take responsibility for their personal comfort and safety by asking any person whose behavior threatens their comfort to refrain from such behavior, and/or should immediately report the behavior to a staff member on duty. Members and guests should not hesitate to notify a staff member if aid is needed.

Discontinuance/Suspension of membership:

VOLUNTARY

Paid in full: A member who has paid his/her membership fee in full is considered a member for the duration of the paid membership. If the member does not renew the membership, it will terminate automatically as of the renewal date. A member may also request to terminate the membership at any time and may request a refund for unused portion of the membership.

Monthly payment plan: A member who has paid the membership fee using the monthly payment plan remains a member until a written request 30 days in advance to cancel has been turned in. The draft will terminate as of the next draft date. These membership fees are non-refundable.

INVOLUNTARY

Inappropriate behavior – any member may be terminated at any time by decision of CEO or Membership Services Director for inappropriate behavior. Membership fees in this case, are non-refundable.

Failure to meet financial responsibility: Any draft member who misses a payment and does not make payment within 10 days of being notified, shall have his/her membership terminated. If you are having difficulty paying for your membership for any reason, please contact us.

A person whose membership at another YMCA that has been suspended or terminated shall not be eligible for membership at this facility.

VIII. MEMBERSHIP CATEGORIES

Youth Membership



YOUTH POLICY

- Children ages **Birth-4th grade (through 9 years old)** must always be directly supervised by a parent or guardian - even when using the pool or shooting hoops in the gym. Children in this grade category may **NOT** use the equipment in the Fitness Center or Weight Room at any time even with Parent.
- Children **5th-8th grades (Ages: 10 up to 14)** must have a parent or guardian in the facility for them to be in the gym or on the lower level – even when using the locker rooms and pool. Children in this grade category may use the equipment in the Fitness Center or Weight Room **ONLY WITH DIRECT PARENTAL SUPERVISION.**
- **Fitness Center:** Children **9th-10th grades (ages 14-15)** may use the Fitness Center only if they have taken and passed Teen Strength Training with one of our staff. **NOT AVAILABLE DURING TEEN CENTER.** Does not include free weight room.
- **Free Weight Room:** Children **11th-12th grades (ages 16-18)** may use the Free Weight Room and Fitness Center. Must take the Teen Strengthening Training with one of our staff prior to starting. Day passes may be purchased with proper ID.

****During Teen Center, only Junior & Seniors ages 16+ are allowed in the fitness center & free weight room.**

****Children in 9th & 10th grade (ages 14/15) may use the Free Weight Room if directly supervised by a parent or guardian and both the parent/guardian and the child have signed a contract found at the front desk.**

****Children in ANY youth category may not be at the YMCA during school hours (8 am-3 pm) without a parent/guardian.**

Adult Membership

Individuals ages 19-62. This a full facility membership. Classes can be taken with the purchase of a punch card.

Couple Membership

Two adults ages 19-62 that reside in the same residence. This is a full facility membership. Classes can be taken with purchase of punch cards.

Senior Citizen Membership

Individuals age 63 and up. This is a full facility membership. Classes can be taken with purchase of a punch card.

College Student Membership

Currently enrolled full-time students. Transcript/college ID may be required at time of sign up. This is a full facility membership. Classes can be taken with purchase of a punch card.

Senior Citizen Couple Membership

Two individuals ages 63 and up that reside in the same residence. This is a full facility membership. Classes can be taken with purchase of punch cards.

1-Parent Family Membership

This membership is for one adult and dependent children ages birth-26 years that reside in the same residence and file taxes jointly. This is a full facility membership for the adult and a limited facility membership for children (please see limitations under the Youth category above). Classes can be taken with purchase of a punch card.

Family Membership

This membership is for two adults and dependent children ages birth-26 years that reside in the same residence and file taxes jointly. This is a full facility membership for the adults and a limited facility membership for children (please see limitations listed under the Youth category above). Classes can be taken with purchase of punch cards.

24/7 Membership

This is an additional fee to any of the above memberships except for Youth. It is for adults ages 18+ (must be out of high school). It is a limited facility access membership add-on for after business hours that includes the Fitness Center and Weight Room only.

The Teen Center

The Teen Center is an accessible area for all teens (grades 6-12) regardless of membership status. Teens may use the Teen Center or participate in the daily organized, staff – led activity in the gymnasium without purchase of a day pass or a membership during Teen Center hours. However, they are **not** granted rights for the use of the rest of the facility and must stay in the designated Teen Center area.

Punch Cards

Participation in classes is an additional fee. There is a significant discount for members. Purchase of a punch card allows you access to any of our offered classes except children’s swim lessons (swim lessons for children are offered on Saturdays and sessions are paid monthly and registered for in advance), Zumba, or guitar lessons. Punch cards are valid for one year after purchase and are only punched when a class is taken. Punch classes may be purchased at the front desk.

The Pool

Our memberships include use of the swimming pool at no additional cost. Pool schedules can be found in our program guide as well as at the front desk and on our website. Children ages Birth-4th grade (through 9 years old) **must be accompanied IN** the pool by a parent/guardian. Children 5th-8th grade (10-13 years old) **must have a parent/guardian in the facility when they are using the pool and need to be supervised while in the locker room areas.** Any member may be asked to take a swim test for safety purposes by the lifeguard at any time if swim skills are called into question. *Saunas are restricted to ages 16 years and older.

Party Room and Meeting Space Rentals

The Hoerner YMCA has spaces to rent for parties and meetings. Party rental may include the party room, use of the gym, and use of the pool. Pricing varies – see front desk for details.

IX. MEMBERSHIP DUES

The Hoerner YMCA is committed to providing financial assistance to those who are unable to afford the membership dues. Please request an Open Doors membership application at the front desk. The Open Doors rates are based on income and are applicable for one year only. Proof of financial documents are required.

PAYMENT

Memberships can be purchased as follows:

- Monthly payment plan to be paid by automatic withdrawal from a checking account (must provide a voided check or deposit slip).
- Paid in full at time of enrollment or renewal for the year by cash, check, or credit card.
- 3 or 6 months paid in full at time of enrollment or renewal by cash, check, or credit card.
- Open Doors (Financial assistance) may be paid up front for the year by cash, check, or credit card, 3 or 6 months paid in up front by cash, check, or credit card, or by monthly automatic withdrawal from a checking account (must provide a voided check or deposit slip).

DAY PASSES

The YMCA offers every member one free guest pass every month. Guests must sign in at the front desk and must be accompanied by the member. This benefit is not designed for on going use of the same guest regularly to gain access to the facility or activity.

The Y also offers non-members the chance to visit our facility for a fee before purchasing a membership. Our guest passes are broken down by age: Youth (birth-18 years and still in high school), Adult (19-62), College, Senior (63+), or Family (1-2 adults and their dependent children). A day pass may be purchased at the front desk for varying rates.

Please remember that there are restrictions based upon grade levels. See section “VIII Membership Categories” under Youth Membership for details.

****Other restrictions may apply.**

X. MEMBER INPUT

We value suggestions for improving the Hoerner YMCA. A mechanism for member comments is in place as well as access to staff at the facility. This facility also has a Facebook page that is updated regularly, and staff is available to answer questions through private messaging. Full-time staff also have email addresses and voice mail boxes that are checked daily. We are always happy to hear from **you**.

