



FACILITY POLICIES

GENERAL



YMCA CHECK-IN

Grand Traverse Bay YMCA members and community participants are required to check in at the Membership Services Desk upon each visit for security purposes. All members and community participants must also sign a liability waiver before utilizing the facility.



MEMBER DRESS CODE

The YMCA reserves the right to define inappropriate attire when necessary in order to promote a safe and family-friendly atmosphere. Our dress code is as follows:

Shoes: Wellness Center shoes must be closed-toe, clean, athletic shoes. Black soled shoes should be non-marking. Bare feet are allowed in aquatic areas and locker rooms only.

Aquatics: Wear appropriate swim attire. Mermaid tails are not permitted for any age group.

Shirts: T-shirts or tank tops must be worn at all times in the facility except in aquatic areas, restrooms and locker rooms. Shirts displaying inappropriate design, logos or offensive messaging are strictly prohibited.



LOST & FOUND

The YMCA is not responsible for lost, stolen or damaged items. See the Membership Services Desk if you've lost an item. Items are frequently donated to a local charity.



CELL PHONES

Use of cameras and recording devices is prohibited in all areas of the facility without prior management approval. Use of cameras and recording devices is prohibited in all locker rooms, restrooms and pool areas.



PHOTO NOTICE

The YMCA reserves the right to take pictures or videos in or on its property for promotional purposes. Let us know if you do not wish to be included in these. No pictures or videos are permitted to be taken on or in any YMCA property without prior authorization from YMCA management.



FACILITY CANCELLATIONS & CLOSURES

All cancellation and facility closures are communicated via social media as well as our app and website. Opt in for text alerts by sending GTBAYY to 545-39.



SEX OFFENDERS

The YMCA prohibits access to any of its facilities or programs to any individual known to be on the list of registered sex offenders.

MEMBERSHIP



MEMBERSHIP GUEST PRIVILEGES

Each membership includes 5 guest passes per 12-month period. Member must accompany their guest at all times during the visit.



DAY PASSES

Community members and guests may utilize the Y by purchasing a day pass. Anyone under the age of 18 must have a legal guardian sign a liability waiver on their behalf. Day passes are limited to 5 per person in a 12-month period.



REFUNDS AND CREDITS

Joiner fees are non-refundable. Annual memberships are also non-refundable unless a life-changing event has occurred. We offer refund request forms for programs at the Membership Services Desk. Refunds are not guaranteed.



BANK DRAFT CANCELLATION

To cancel your membership, a cancellation form must be completed and returned to the Membership Services Desk. The cancellation form must be submitted at least 30 days prior to intended termination date. This means you will be drafted once more, and will have full access to the Y for those 30 days.



BANK CHANGES

Allow 30 days for all bank changes to go through. The Grand Traverse Bay YMCA is not responsible for any service or overdraft charges.

LOCKER ROOMS



LOCKER ROOM POLICY

- For security and privacy purposes, the use of cameras, cell phones and other electronic devices is prohibited in locker rooms. Please bring a lock to secure your belongings or ask the Membership Services Team about locker rentals.
- Boys' and girls' locker rooms are available for youth ages 10-14.
- The family locker room is recommended for families with young children and individuals in need of private or accessible changing areas.



SAUNA POLICIES

- Members and guests 15 and older may utilize the sauna. Note: The Center for Disease Control strongly advises against sauna use during pregnancy.
- Please limit time in sauna to 10 minutes.
- Phone use and fragrances are prohibited.
- Do not hang towels, swimsuits or other items near the heater.
- Do not pour liquids on sauna stones.

HEALTH AND WELLNESS



WELLNESS CENTER

- Limit your time on cardio equipment to 30 minutes when others are waiting.
- Wipe down equipment for next user.
- Refer to our dress code for proper attire.
- Cell phone conversations should be moved outside the fitness area.
- When weather requires boots, change into dry shoes before entering the Wellness Center.
- Closed-toe athletic shoes must be worn at all times.
- All personal training is conducted by authorized YMCA staff only, no exceptions.
- The use of audio or visual recording devices, including a cell phone camera, is strictly prohibited in the Wellness Center.



FREE WEIGHT AREA

- Return and rack weights when finished.
- Allow others to "work in" between sets.
- Refrain from swearing, grunting and loud noises that may be distracting or offensive to others.
- Refrain from dropping or slamming weights.



AGE POLICIES

AGES <7

Youth age 7 and under must be accompanied by a guardian (age 16+) at all times unless they are enrolled and participating in an organized program.

AQUATICS CENTER: The ratio of youth under the age of 6 to adults should not exceed 3:1 in non-program activities.

AGES 8-9

GENERAL FACILITY: Youth ages 8-9 must be accompanied by a guardian (age 16+) in the facility, unless the child is in an organized program.

YOUTH AND FAMILY CENTER: Youth ages 8-9 are welcome to use the Youth and Family Center if a guardian (age 16+) is on the premises.

WELLNESS CENTER: Youth ages 8-9 are **not** permitted in the Wellness Center.

AQUATICS CENTER: Youth age 8-9 must be accompanied by a guardian (age 16+) at all times when using a YMCA swimming pool, unless in an organized, supervised program such as swim lessons.

AGES 10-11

GENERAL FACILITY: Youth age 10-11 may use the YMCA facility without a guardian and may use their gender appropriate locker room.

YOUTH AND FAMILY CENTER: Youth 10-11 are welcome to use the Youth and Family Center without a guardian.

WELLNESS CENTER: Youth ages 10-11 are **not** permitted in the Wellness Center.

AQUATICS CENTER: Youth ages 10-11 are welcome to use the pool without a guardian, but if water depths exceed chest heights, **the individual will need to take a swim test.**

AGES 12-14

GENERAL FACILITY: Youth age 12-14 may use the YMCA facility without a guardian and may use their gender appropriate locker room.

YOUTH AND FAMILY CENTER: Youth 12-14 are welcome to use the Youth and Family Center without a guardian.

WELLNESS CENTER: Youth must be accompanied by a guardian (age 18+), be within arm's length of their guardian and engaged in exercise. Youth ages 12-14 may use the Wellness Center, excluding the free weights, and take Group Exercise Classes after fitness floor orientation. Adults are to accompany no more than 2 youth at one time.

AQUATICS CENTER: Youth ages 12-14 are welcome to use the pool without a guardian, but if water depths exceed chest heights **the individual will need to take a swim test.**



YOUTH AGES 10-14 MAY NOT BE IN THE YMCA FOR LONGER THAN THREE CONSECUTIVE HOURS WITHOUT SUPERVISION.



YOUTH UNDER THE AGE OF 15 ARE NOT PERMITTED IN THE SAUNA.

AGES 15+

GENERAL FACILITY: Members and guests age 15+ are permitted to access their gender-appropriate locker room and sauna without a guardian.

YOUTH AND FAMILY CENTER: Members and guests ages 15+ are welcome to use the Youth and Family Center without guardian.

WELLNESS CENTER: Members and guests age 15+ may have full access to the Wellness Center and may take group classes after reviewing the Wellness Center rules.

AQUATICS CENTER: Members and guests age 15+ are welcome to use the pool without a guardian, but if water depths exceed chest heights, **the individual will need to take a swim test.**