



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EAST POOL SCHEDULE

FINDLAY YMCA

East Pool Schedule Spring 2025	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Schedule Begins April 13, 2025	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-12:30 AM Open Swim		
Must be 18 years of age to use the Whirlpool	9-10:00AM Morning Dip (Pool Closed)	9:00- 9:45AM Aqua Zumba	9-10:00AM Morning Dip (Pool Closed)	9:00- 9:45AM Aqua Zumba (Pool Closed)		8:30-10:00 Swim Lessons (Pool and Whirlpool Closed)	12:30- 3:00 Open Lap Swim
All children under the age of 7 must have an adult in the water with them at all times	10:00- 12:30PM Open Swim	10:00- 12:30PM Open Swim	10:00- 12:30PM Open Swim	10:00- 12:30PM Open Swim	10:00- 12:30PM Open Swim	10- 12:00PM Open Swim	
Children ages 8- 10 must have an adult in the pool area and must pass the swim test.	10:30-11:30 CDC Swim	10:30- 11:30 CDC Swim	10:30- 11:30 CDC Swim	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim		
	4-5:30 Frog Swim Team (all lanes)	4-5:30 Frog Swim Team (all lanes)	4-5:30 Frog Swim Team (all lanes)	4-5:30 Frog Swim Team (all lanes)			
	5:45- 6:30pm Aqua Zumba (Pool and Whirlpool Closed)	5:30- 7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30- 7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30- 7:00pm Swim Lessons (Pool and Whirlpool Closed)			
	6:30- 8:00PM Open Swim	7:00- 8:00pm Open Swim	7:00- 8:00pm Open Swim	7:00- 8:00pm Evening Dip (Pool and Whirlpool Closed)			

Findlay YMCA

300 E. Lincoln St

422-4424

www.findlayymca.org



FOR YOUTH DEVELOPMENT®
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WEST POOL SCHEDULE

FINDLAY YMCA

West Pool Schedule Spring 2025

Schedule Begins
April 13, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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5:15-10:00 Adult Lap Swim (all lanes)	5:15-1:00PM Adult Lap Swim	5:15-10:00 Adult Lap Swim (all lanes)	5:15-1:00PM Adult Lap Swim	5:15-10:00 Adult Lap Swim (all lanes)		
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Swimming Tips

To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.

Directions

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed

Please try to choose a lane with swimmers that most nearly match your speed.

Lane availability may change due to programs

10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)	8:30-12:00 Open Lap Swim	12:30-3:00 Open Lap Swim
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11:00-1:00 Adult Lap Swim		11:00-1:00 Adult Lap Swim		11:00-1:00 Adult Lap Swim		
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3:30-5:30 Frog Swim Team (all lanes)	3:30-5:30 Frog Swim Team (all lanes)	3:30-5:30 Frog Swim Team (all lanes)	3:30-5:30 Frog Swim Team (all lanes)			
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5:30-8:00 Lap Swim	5:30-8:00 Lap Swim	5:30-8:00 Lap Swim	5:30-8:00 Lap Swim	5:30-7:00 Lap Swim		
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