



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# EAST POOL SCHEDULE

WINTER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-9:00am Open Swim	7:30-10:00am Open Swim	7:30-9:00am Open Swim	7:30-10:00am Open Swim	7:30-9:00am Open Swim		
9:00-10:00am Rise and Shine POOL CLOSED	9:00-9:45am Aqua Zumba	9:00-10:00am Rise and Shine POOL CLOSED	9:00-9:45am Aqua Zumba	10:00-11:00am CDC Swim	8:30-10:00am Swim Lessons POOL CLOSED	
10:00-10:45am Rise and Shine	10:00-11:00am CDC Swim	10:00-10:45am Rise and Shine	10:00-11:00am CDC Swim	11:00-11:30am Swim Lesson	10:00-12:00pm Open Swim	
10:00-11:00am CDC Swim	11:00-12:30pm Open Swim	10:00-11:00am CDC Swim	11:00-12:30pm Open Swim	11:00-12:30pm Open Swim		12:30-3:00pm Open Swim
11:00-12:30pm Open Swim		11:00-12:30pm Open Swim				
4:00-5:30pm Frogs Swim Team	4:00-5:30pm Frogs Swim Team	4:00-5:30pm Frogs Swim Team	4:00-5:30pm Frogs Swim Team			
5:30-8:00pm Open Swim Whirlpool Open	5:30-7:00pm Swim Lessons POOL CLOSED WHIRLPOOL CLOSED	5:30-7:00pm Swim Lessons POOL CLOSED WHIRLPOOL CLOSED	5:30-7:00pm Swim Lessons POOL CLOSED WHIRLPOOL CLOSED			
5:45-6:30pm Aqua Zumba	7:00-8:00pm Open Swim Whirlpool Open	7:00-8:00pm Open Swim Whirlpool Open	5:45-6:30pm Aqua Zumba Evening Dip POOL CLOSED			
			7:00-8:00pm Open Swim			



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# WHIRLPOOL SCHEDULE

## WINTER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-12:30pm Whirlpool Open	7:30-12:30pm Whirlpool Open	7:30-12:30pm Whirlpool Open	7:30-12:30pm Whirlpool Open	7:30-12:30pm Whirlpool Open	10:00-12:00pm Whirlpool Open	12:30-3:00pm Whirlpool Open
5:30-8:00pm Whirlpool Open	7:00-8:00pm Whirlpool Open	7:00-8:00pm Whirlpool Open	7:00-8:00pm Whirlpool Open			

**\*Whirlpool is CLOSED during Swim Lessons and Swim Team**