



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# WEST GYM SCHEDULE

## FINDLAY FAMILY YMCA

### 2024 Fall #1

**Hours of Operation**

Monday - Thursday      5 am-10 pm  
 Friday                      5 am- 9 pm  
 Saturday                  7 am- 6 pm  
 Sunday                     12 pm- 5 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-11:00am Open Gym	5:30-9:30am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	Open Gym All Day
	9:30-11:00AM Toddler Bootcamp				
11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	Sunday Open Gym All Day
2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	
4:30-Close Open Gym	5:00-7:00pm Middle School Preseason Bas- ketball Training	4:30-Close Open Gym	4:30-Close Open Gym	4:30-Close Open Gym	

### Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- No fighting or use of abusive language
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

**Full Court games are only allowed when space is available.**



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# **EAST GYM SCHEDULE**

## **FINDLAY FAMILY YMCA**

### **2024 Fall #1**

**Hours of Operation**

Monday - Thursday      5 am-10 pm  
 Friday                      5 am- 9 pm  
 Saturday                  7 am- 6 pm  
 Sunday                      12 pm- 5 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-9am Open Gym	5:30-12:30pm Open Gym	5:30-9am Open Gym	5:30-11:30pm Open Gym	5:30-9am Open Gym	Open Gym All Day
Seniors In Motion 9:30-10:30pm	Toddler Bootcamp 9:30-11:00AM	Seniors In Motion 9:30-10:30pm			Sunday Open Gym All Day
Open Pickleball 10:30-3:00pm	Open Pickleball 12:30-3:00pm	Open Pickleball 10:30-3:00pm	Open Pickleball 11:30-3:00pm	Open Pickleball 9-8:00pm	
4-4:45PM CDC	4-4:45PM CDC	4-4:45PM CDC	4-4:45PM CDC		
5:00-Close Open Gym	5:00-Close Open Gym	5:00-8:15pm Youth Basketball Classes			

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