

# East Pool Schedule

## Starting April 8th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00am							
7:30am	Open Swim	Open Swim	Open Swim		Open Swim		
8:00am	7:30 - 9 am	7:30 - 9am	7:30 - 9am		7:30 - 9am		
8:30am							
9:00am	Rise & Shine 9-10am	Aqua-Zumba, 9:00-9:45am	Rise & Shine 9-10am			Swim Lessons 8:30-10:00am	Whirlpool CLOSED 8:30-10:00AM
9:30am	Whirlpool 7:30am-12:30pm	Whirlpool 7:30am-12:30pm	Whirlpool 7:30am-12:30pm	Whirlpool 7:30am-12:30pm	Whirlpool 7:30am-12:30pm		
10:00am	CDC Swim 10-11am	CDC Swim 10-11am	CDC Swim 10-11	CDC Swim 10-11am	CDC Swim 10-11	Open Swim 10:00am-12:00pm	Whirlpool 10:00am-12:00pm
10:30am	Calming Waters 10-10:45AM		Calming Waters 10-10:45AM				
11:00am		Open Swim 10-12:30pm	Open Swim 10-12:30	Open Swim 10-12:30	Swim lessons 11-1:30		
11:30am					Open swim 10-12:30		
12:00pm							
12:30pm							
1:00pm							Open Swim 12:30pm-3:00pm
1:30pm							Whirlpool 12:30pm-3:00pm
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm			
4:30pm							
5:00pm							
5:30pm	Aqua Zumba 5:45pm-6:30pm	Swim Lessons 5:30pm-6:30	Swim Lessons 5:30-7:00pm	Evening Dip 5:45pm-6:45PM			
6:00pm	Whirlpool 6:30pm-8pm	Whirlpool CLOSED	Whirlpool CLOSED	Whirlpool 5:30pm-8pm			
6:30pm							
7:00pm	open swim 6:30-8pm	Open swim and Whirlpool 6:30pm-8pm	Open Swim 7-8pm	Whirlpool open 7-8pm			
7:30pm					Open Swim 6:45 - 8pm		
8:00pm							