



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

EAST GYM SCHEDULE

FINDLAY FAMILY YMCA

2024 Winter #2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-9am Open Gym	5:30-10am Open Gym	5:30-9am Open Gym	5:30-10am Open Gym	5:30am-3pm Open Gym	7-10:00am Open Gym	12:30-4:00PM Birthday Parties
9:15-10:00 pm Seniors In Motion	10-11 CDC	9:30-10:30pm Seniors In Motion	10-11 CDC		10:00-12:00 Family Gym Time	
11 am-3pm Open Gym	11:30 am-3pm Open Gym	11 am-3pm Open Gym	11 am-3pm Open Gym		12:00-Close Open Gym	
10:30-3:00pm Open Gym						
3-5 pm CDC	3-5 pm CDC	3-5pm CDC	3-4:30pm CDC	3-5 pm CDC		
5-8:00pm Youth Volleyball League	5-8:00pm Youth Volleyball League	5-8:00pm Youth Volleyball League	5-8:00pm Youth Volleyball League	5-8:00pm Youth Volleyball League		

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- No fighting or use of abusive language
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.

Findlay Family YMCA

300 E Lincoln Street

P 419.422.4424 findlayymca.org



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5:30-9am Open Gym	5:30-11am Open Gym	5:30-11am Open Gym	5:30-11am Open Gym	5:30-11am Open Gym	7:00-11:00 Open Gym	12-Close Open Gym
9:30-11:00am Toddler Boot Camp						
11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	
2-5:00pm Open Gym	2-5:00pm Open Gym	2-7:30pm Open Gym	2-7:30pm Open Gym	2-Close Open Gym	2-Close Open Gym	
5:00-7:30pm Open Gym	5:00-7:30pm Open Gym	5-8:00pm Youth Basketball Classes	5-7:00pm Youth Soccer Classes			
7:30-8:45 pm Adult Open Gym			7:30-8:45 pm Adult Open Gym			

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