

# East Pool Schedule

## Starting January 1st, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
7:00am														
7:30am	Open Swim	Whirlpool	Open Swim	Whirlpool	Open Swim	Whirlpool	Open Swim 7:30 - 9am	Whirlpool	Open Swim 7:30 - 9am	Whirlpool				
8:00am	7:30 - 9 am		7:30 - 9am		7:30 - 9am		7:30 - 9am							
8:30am														
9:00am	Rise & Shine 9-10am		Aqua-Zumba, 9:00-9:45am		Rise & Shine 9-10am		Aqua Zumba 9:00-9:45am		Rise & Shine 9-10am					
9:30am	CDC Swim 10-11am	7:30am-12:30pm	CDC Swim 10-11am	7:30am-12:30pm	CDC Swim 10-11	7:30am-12:30pm	CDC Swim 10-11	7:30am-12:30pm	CDC Swim 10-11	7:30am-12:30pm	Swim Lessons 8:30-10:00am	Whirlpool CLOSED 8:30-10:00AM		
10:00am														
10:30am	Calming Waters 10-10:45AM				Calming Waters 10-10:45AM				Swim lessons 10:30-11am		Open Swim 10:00am-12:00pm	Whirlpool 10:00am-12:00pm		
11:00am			Open Swim 10-12:30pm		Open Swim 10-12:30		Open Swim 10-12:30		Open Swim 10-12:30pm					
11:30am														
12:00pm														
12:30pm														
1:00pm													Open Swim 12:30pm-3:00pm	Whirlpool 12:30pm-3:00pm
1:30pm														
2:00pm														
2:30pm														
3:00pm														
3:30pm														
4:00pm	Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm							
4:30pm														
5:00pm														
5:30pm	Aqua Zumba 5:45pm-6:30pm	Whirlpool 6:30pm-8pm	Swim Lessons 5:30pm-6:30	Whirlpool CLOSED	Open swim and Whirlpool 5:30pm-8pm		Evening Dip 5:45pm - 6:45PM	Whirlpool 5:30pm-8pm						
6:00pm														
6:30pm														
7:00pm	open swim 6:30-8pm		Open swim and Whirlpool 6:30pm-8pm											
7:30pm		Open Swim 6:45 - 8pm												
8:00pm														