

West Pool Schedule

Starting November 2nd 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:30am	5:15am to 10:00am, Lap Swim	5:15am to 1:00pm, Lap Swim	5:15am to 10:00am, Lap Swim	5:15am to 11:00am, Lap Swim	5:15am to 10:00am, Lap Swim						
6:00am											
6:30am											
7:00am											
7:30am											
8:00am	10 to 11, Water Volleyball		10 to 11, Water Volleyball		10 to 11, Water Volleyball	8:30am to 12pm, Lap Swim					
8:30am											
9:00am											
9:30am											
10:00am											
10:30am	11:00 to 1:00pm, Lap Swim		11:00 to 1:00pm, Lap Swim	Deep Waters Pilates 11:00am-11:30am	11:00 to 1:00pm, Lap Swim						
11:00am				Open Swim							
11:30am											
12:00pm											
12:30pm											
1:00pm							12:30- 3:00pm, Lap Swim				
1:30pm											
2:00pm											
2:30pm											
3:00pm											
3:30pm	Frog Swim Team, 3:30 to 5:30pm	Frog Swim Team, 3:30 to 5:30pm	Frog Swim Team, 3:30 to 5:30pm	Frog Swim Team, 3:30 to 5:30pm	Frog Swim Team, 3:30 to 5:30pm						
4:00pm											
4:30pm											
5:00pm											
5:30pm											
6:00pm	5:30 to 8pm, Lap Swim	5:30 to 8pm, Lap Swim	5:30 to 8pm, Lap Swim	Special Olympics 5:45-6:45pm TWO LANES	5:30 to 7pm, Lap Swim						
6:30pm				5:30-8PM Lap Swim							
7:00pm											
7:30pm											
8:00pm											
8:30pm											