

East Pool Schedule

Starting October 23 2023

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
7:00am															
7:30am	Open Swim 7:30 - 10am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 9am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 9am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 10am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 9am	Whirlpool 7:30am-12:30pm					
8:00am															
8:30am															
9:00am			Aqua-Zumba, 9:00-9:45am		Rise & Shine 9-10am				Rise & Shine 9-10am						
9:30am												Open Swim 8:30am-12:00pm	Whirlpool 8:30am-12:00pm		
10:00am	CDC Swim 10-11am		CDC Swim 10-11am		CDC Swim 10-11		CDC Swim 10-11am		CDC Swim 10-11						
10:30am					Calming Waters 10-10:45										
11:00am	Open Swim 10-12:30pm		Open Swim 10-12:30pm		Open Swim 10-12:30		Open Swim 10-12:30		Open Swim 10-12:30						
11:30am															
12:00pm															
12:30pm															
1:00pm															
1:30pm											Open Swim 12:30pm-3:00pm		Whirlpool 12:30pm-3:00pm		
2:00pm															
2:30pm															
3:00pm															
3:30pm															
4:00pm	Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm		Frog Swim Team, 4:00 to 5:30pm								
4:30pm															
5:00pm															
5:30pm	Swim Lessons 5:30pm-6:30	Whirlpool CLOSED	Swim Lessons 5:30pm-6:30	Whirlpool CLOSED	Open swim and Whirlpool 5:30pm-8pm		Open swim and Whirlpool 5:30pm-8pm								
6:00pm															
6:30pm															
7:00pm	Aqua Zumba 6:45pm-7:30pm	Whirlpool 6:30pm-8pm	Open swim and Whirlpool 6:30pm-8pm												
7:30pm															
8:00pm	open swim 6:30-8pm														