



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

EAST GYM SCHEDULE

FINDLAY FAMILY YMCA

2023 Spring #1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-9 am Open Gym	5:30-10 am Open Gym	5:30-9 am Open Gym	5:30-10 am Open Gym	5:30 am-3 pm Open Gym	7:00am-10:00am Open Gym	12-Close Open Gym
9:30-10:30 pm Seniors In Motion	10-11 CDC	9:30-10:30 pm Seniors In Motion	10-11 CDC		10:00-12:00 Family Gym Time	
10:30-11:30 Homeschool PE	11:30am-3 pm Open Gym	11 am-3 pm Open Gym	11 am-3 pm Open Gym		12:00-Close Open Gym	
11:30-3:00pm Open Gym						
3-5 pm CDC	3-5 pm CDC	3-5pm CDC	3-4:30pm CDC	3-5 pm CDC		
5-Close Open Gym	5-Close Open Gym	5-Close Open Gym	5-Close Open Gym	5-Close Open Gym		

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use

- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.



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WEST GYM SCHEDULE

FINDLAY FAMILY YMCA
 2023 Spring #1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-11am Open Gym	5:30-9am Open Gym	5:30-11am Open Gym	5:30-11am Open Gym	5:30-11am Open Gym	7:00-11:00 Open Gym	12-4:45pm Open Gym
11 am-2 pm Adult Noon Basketball	9:30-11:00am Toddler Boot Camp	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	11 am-2 pm Adult Noon Basketball	
2-7:30pm Open Gym	2-Close Open Gym	2-7:30pm Open Gym	2-5pm Open Gym	2-Close Open Gym	2-Close Open Gym	
7:30-8:45 pm Adult Open Gym		7:30-8:45 pm Adult Open Gym	5pm-8:30pm Youth Basketball Classes			

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- No fighting or use of abusive language
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.