

East Pool Schedule

Starting February 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7:00am								
7:30am	Open Swim 7:30 - 10am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 9am	Whirlpool 7:30am-12:30pm	Open Swim 7:30 - 9am	Whirlpool 7:30am-12:30pm	Whirlpool 8:30am-12:00pm	
8:00am								
8:30am								
9:00am								
9:30am		Aqua-Zumba, 9:15-10am	Rise & Shine 9-10am	Aqua Zumba, 9:15-10am	Rise & Shine 9-10am			
10:00am	CDC Swim 10-11am	CDC Swim 10-11am	CDC Swim 10-11	CDC Swim 10-11am	CDC Swim 10-11	Open Swim 8:30am-12:00pm	Whirlpool 8:30am-12:00pm	
10:30am		Calming Waters 10-10:30		Deep Water Pilates 10-10:30				
11:00am	Open Swim 11-12:30pm	Open Swim 11-12:30pm	Open Swim 10-12:30	Open Swim 11-12:30	Open Swim 10-12:30			
12:00pm								
12:30pm								
1:00pm							Open Swim 1:00pm-3:00pm	
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm	Frog Swim Team, 4:00 to 5:30pm			
4:30pm								
5:00pm								
5:30pm	Open Swim	Whirlpool 5:30pm-8pm	Swim Lessons 5:30pm-6:30pm	Whirlpool closed	Swim Lessons 5:30pm-6:30pm	Whirlpool closed	Swim Lessons 5:30pm-6:30pm	Whirlpool closed
6:00pm	Aqua Zumba, 6:15-7pm		Open Swim 6:30pm-8pm	Whirlpool 6:30pm-8pm	Open Swim 6:30pm-8pm	Whirlpool 6:30pm-8pm	Aqua Zumba 6:45-7:30	Whirlpool 6:30pm-8pm
6:30pm	Open Swim, 7-8pm						open swim 6:30-8	
7:00pm								
7:30pm								
8:00pm								