



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

WEST GYM SCHEDULE

FINDLAY FAMILY YMCA

2022 Fall #1

Hours of Operation

Monday - Thursday	5 am-10 pm
Friday	5 am- 9 pm
Saturday	7 am- 8 pm
Sunday	1 pm- 6 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-9:30am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	Open Gym All Day
9:30-11:00AM Toddler Bootcamp					
11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	Sunday Open Gym All Day
2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	
4:30-Close Open Gym	4:30-Close Open Gym	4:30-Close Open Gym	4:30-Close Open Gym	4:30-Close Open Gym	

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

EAST GYM SCHEDULE

FINDLAY FAMILY YMCA

2022 Fall #1

Hours of Operation

Monday - Thursday 5 am-10 pm
 Friday 5 am- 9 pm
 Saturday 7 am- 8 pm
 Sunday 1 pm- 6 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-9am Open Gym	5:30-4:00pm Open Gym	5:30-9am Open Gym	5:30-4:00pm Open Gym	5:30-4pm Open Gym	Open Gym All Day
9:30-10:30pm Seniors In Motion		9:30-10:30pm Seniors In Motion			
10:45-12:30pm Homeschool PE					Sunday Open Gym All Day
12:30-4:00pm Open Gym		11-4:00pm Open Gym			
4-4:45PM CDC	4-4:45PM CDC	4-4:45PM CDC	4-4:45PM CDC	4-4:45PM CDC	
5:00-Close Open Gym	5:00-Close Open Gym	5:00-6:15 Open Gym	5:30-Close Open Gym	5:00-Close Open Gym	

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.