



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2022 Campfire Chronicles

Session: #4 Classroom # 1

Discovery camp: Martial Arts

	Monday	Tuesday	Wednesday	Thursday	Friday	
	6:15-9:00AM	Pre-Care	Pre-Care	Pre-Care	Pre-Care	
	8:45-9:30AM	Opening Circle	Opening Circle	Opening Circle	Opening Circle	
	9:30-12:00pm	Make headbands, create ninja name Practice warrior course	Ninja Maze, Toilet Paper Roll Ninja Martial Arts Basics Practice warrior course	Chopping skills, Practice warrior course	Balancing Activities, Practice Warrior Course	Stretching Activities, Warrior Course Finale
	12:00pm-1pm	Lunch	Lunch	Lunch	Lunch	
	1:00-3:30pm	Ninja Stars + Paper Towel Rolls	Cheerio Ninjas, Practice kicking skills	Martial Arts Video, Balloon Ninjas	Ninja Game	Kung Fu Panda
	3:30pm-4:00pm	Closing Circle	Closing Circle	Closing Circle	Closing Circle	
	4:00-6:00pm	Extended Care	Extended Care	Extended Care	Extended Care	
	Reminders					