



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# EAST GYM SCHEDULE

Schedule subject to change.

**Hours of Operation**

<b>Monday - Thursday</b>	<b>5am-9pm</b>
<b>Friday</b>	<b>5am- 8 pm</b>
<b>Saturday</b>	<b>7:00 am-6pm</b>
<b>Sunday</b>	<b>12-5:00pm</b>

MONDAY	TUESDAY	WEDNES- DAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9 am Open Gym	5:00-9 am Open Gym	5:00-9 am Open Gym	5:00-9 am Open Gym	5:00-9 am Open Gym	7:00am- 6:00pm Open Gym	12-5:00pm Open Gym
9:00-10:30 am Silver Sneakers Classic	9am-4:00pm Camp	9:00-10:30 am Silver Sneakers Classic	9am-4:00pm Camp	9am-4:00pm Camp		
11-4:00pm Camp		11-4:00pm Camp				
4-9:00pm Open Gym	4-9:00pm Open Gym	4-9:00pm Open Gym	4-9:00pm Open Gym	4-8:00pm Open Gym		

## Gym Rules & Etiquette

- No food or drinks in the gym
  - Leave outdoor footwear outside please!
  - Children under the age of 10 should be supervised at all times
  - Please return all equipment after use
  - No fighting or use of abusive language
  - Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.
- Thank you in advance for your cooperation.  
**Full Court games are only allowed when space is available.**



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# WEST GYM SCHEDULE

### Hours of Operation

<b>Monday - Thursday</b>	<b>5am-9pm</b>
<b>Friday</b>	<b>5am- 8 pm</b>
<b>Saturday</b>	<b>7:00 am-6pm</b>
<b>Sunday</b>	<b>12-5:00pm</b>

Schedule subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9am Open Gym	5:00-9am Open Gym	5:00-9am Open Gym	5:00-9am Open Gym	5:00-9am Open Gym	7:00am-6:00pm Open Gym	12-5:00pm Open Gym
9-11:00am Camp/CDC	9-11:00am Camp/CDC	9-11:00am Camp/CDC	9-11:00am Camp/CDC	9-11:00am Camp/CDC		
11:30am-2 pm Adult Noon Basketball	11:30am-2 pm Adult Noon Basketball	11:30am-2 pm Adult Noon Basketball	11:30am-2 pm Adult Noon Basketball	11:30am-2 pm Adult Noon Basketball		
2-4:00pm Camp/CDC	2-4:00pm Camp/CDC	2-4:00pm Camp/CDC	2-4:00pm Camp/CDC	2-4:00pm Camp/CDC		
4-7:30pm Open Gym	4:00-Close Open Gym	4-7:30pm Open Gym	4:00-Close Open Gym	4:00-Close Open Gym		
7:30-9pm Adult Open Gym		7:30-9pm Adult Open Gym				

## Gym Rules & Etiquette

- No food or drinks in the gym
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- No fighting or use of abusive language

## Early Closures:

In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.  
 Thank you in advance for your cooperation.

**Full Court games are only allowed when space is available.**