



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

EAST GYM SCHEDULE

FINDLAY FAMILY YMCA SPRING 1 SESSION

Hours of Operation	
Monday-Thursday	5am-10pm
Friday	5am-9pm
Saturday	7am-6pm
Sunday	12-5pm

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9:30am Open Gym	5:30-10am Open Gym	5:30-9:30am Open Gym	5:30-10am Open Gym	5:30-4:45pm Open Gym	7:00-5:45pm Open Gym	12:00-4:45p m Open Gym
9:30-10:30pm SilverSneakers Classic		9:30-10:30am SilverSneakers Classic				
10:30-4:45pm Open Gym	10:30-4:45pm Open Gym	10:30-11:45am Home School Gym	10:30-4:45pm Open Gym			
		11:45-4:45pm Open Gym				
5:00-9:00 PM Volleyball League	5:00-9:00 PM Volleyball League	5:00-9:00 PM Volleyball League	5:00-9:00 PM Volleyball League	5:00-9:00 PM Volleyball League		

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 8 should be supervised at all times
- Please return all equipment after use
- No fighting or use of abusive language
- Early closures: in some instances, the gym may close 15 minutes prior to an activity starting to allow time for safe set up of equipment.



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Thank you in advance for your cooperation.

Hours of Operation	
Monday-Thursday	5am-10pm
Friday	5am-9pm
Saturday	7am-6pm
Sunday	12-5pm

WEST GYM SCHEDULE

**FINDLAY FAMILY YMCA
SPRING 1 SESSION**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9:30am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	7:00am-5:45pm Open Gym	12:00-4:45p m Open Gym
9:30-10:00AM Toddler Bootcamp						
11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball		
2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym	2-4:30pm Teen Open Gym		
4:30-9:45pm Open Gym	4:30-6:00pm Open Gym	4:30-9:45pm Open Gym	5:00-7:00pm Youth Sports Classes	4:30-8:45pm Open Gym		
	6:00-8:00pm Youth Basketball Class		7:00-9:45pm Open Gym			

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Findlay Family YMCA

300 E. Lincoln St.

P 419.422.4424 findlayymca.org



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