

East Pool Schedule

Starting January 3rd

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-----------------------------|-----------------------------|----------------------------|
| 7:00am | | | | | | | |
| 7:30am | 7:30 to 9am, Open Swim | 7:30 to 9am, Open Swim | 7:30 to 9am, Open Swim | 7:30 Open Swim | 7:30 to 9am, Open Swim | | |
| 8:00am | | | | Aqua Zumba, 8:15-9am | | | |
| 8:30am | | | | | | | |
| 9:00am | 9-10am, Rise & Shine | 7:30am to 9:15-10am Aqua-Zumba | 9-10am, Rise & Shine | 7:30am to 10am Open Swim | 9-10am, Rise & Shine | | |
| 9:30am | 7:30am to 12:30pm Whirlpool | 7:30am to 12:30pm Whirlpool | 7:30am to 12:30pm Whirlpool | 7:30am to 12:30pm Whirlpool | 7:30am to 12:30pm Whirlpool | 8:30am to 12:00pm Open Swim | |
| 10:00am | 10 to 11, CDC Swim | 10 to 11, CDC Swim | 10 to 11, CDC Swim | 10 to 11, CDC Swim | 10 to 11, CDC Swim | 8:30am to 12:00pm Whirlpool | |
| 10:30am | | | | | | | |
| 11:00am | 11 to 12:30, Open Swim | 11 to 12:30, Open Swim | 11 to 12:30, Open Swim | 11 to 12:30, Open Swim | 11 to 12:30, Open Swim | | |
| 11:30am | | | | | | | |
| 12:00pm | | | | | | | |
| 12:30pm | | | | | | | |
| 1:00pm | | | | | | | 1:00pm to 3:00pm Open Swim |
| 1:30pm | | | | | | | 1:00pm to 3:00pm Whirlpool |
| 2:00pm | | | | | | | |
| 2:30pm | | | | | | | |
| 3:00pm | | | | | | | |
| 3:30pm | | | | | | | |
| 4:00pm | Frog Swim Team, 4:00 to 5:30pm | Frog Swim Team, 4:00 to 5:30pm | Frog Swim Team, 4:00 to 5:30pm | Frog Swim Team, 4:00 to 5:30pm | | | |
| 4:30pm | | | | | | | |
| 5:00pm | | | | | | | |
| 5:30pm | Open Swim | 5:30 to 6:30pm, Lessons | 5:30 to 6:30pm, Lessons | 5:30 to 6:30pm, Lessons | 5:30 to 6:30pm, Lessons | | |
| 6:00pm | Aqua Zumba, 6:15-7pm | Whirlpool closed | Whirlpool closed | Whirlpool closed | Whirlpool closed | | |
| 6:30pm | 5:30 to 8pm, Whirlpool | 6:30 to 8pm, Open Swim | 6:30 to 8pm, Open Swim | 6:30 to 8pm, Open Swim | 6:30 to 8pm, Open Swim | | |
| 7:00pm | | | | | | | |
| 7:30pm | Open Swim, 7-8pm | 6:30 to 8pm, Whirlpool | 6:30 to 8pm, Open Swim | 6:30 to 8pm, Whirlpool | 6:30 to 8pm, Open Swim | | |
| 8:00pm | | | | | | | |