



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING A BETTER KENTUCKY

KENTUCKY ALLIANCE OF YMCAS



The Y. For A Better Us.

As one of Kentucky's leading nonprofit organizations, the Y is committed to strengthening communities through youth development, healthy living and social responsibility. That's because strong communities are possible only when we invest in our kids, our health and our neighbors. We're more than a gym – we're a cause.

There is no nonprofit quite like the Y. We have the long-standing relationships and reputation to not just promote, but also deliver on lasting and meaningful change.



We all need the Y!

Funding for Childcare

Here's how you can support our efforts to provide quality, affordable childcare services:

- Extend childcare funding.
 - Some KY centers will soon lose up to \$25,000 per month, forcing us to close childcare centers.
 - ARPA funding helped us increase staff wages while minimizing program tuition increases, keeping our programs affordable.
 - Loss of funding will result in significant increases in program tuition, limiting access for families most in need. One of our centers would need to increase rates by 67% to cover operating costs.
- Add another round of non-profit assistance grants to support youth programming.
- Increase Child Care Assistance Program rates.
- Make licensing requirements more efficient and consistent.
- Strengthen Child Care Assistance Program (CCAP) funding including expansion of available high- quality preschool, afterschool, and summer learning options for low-income families.
- Increase funding for out-of-school time programs aimed at closing the achievement gap.

MEETING COMMUNITY NEEDS

Serving people of all incomes, ages and abilities

- Kentucky's YMCAs serve nearly **400,000 people** in diverse communities around the state. We bring together young and old, women and men, people of all faiths, backgrounds and incomes. YMCA scholarships, subsidies and outreach provide critical access to low-income families.
- The Y welcomes everyone! We provide activities for everyone, including afterschool programming, swim lessons, free health fairs/screenings, physical activity programs, nutrition advice, cancer recovery programming and more.



Serving vulnerable populations in our communities

- **Children:** Our Kentucky YMCA's serve over **160,000 children and youth**. The Y provides a wide range of activities to foster healthy, productive children, including teen clubs, sports leagues, family nights, and community service projects. All youth activities incorporate the YMCA Core Values of caring, honesty, respect, and responsibility.
- **Older Americans:** Nearly **50,000 seniors**, those over 65 years of age, participate in specialized fitness programs, social activities, and events provided by the Y, making them one of the fastest growing segments of our membership. The Y is committed to helping seniors across Kentucky continue to live full, healthy and independent lives.



Mobilizing community resources to meet community needs

- **Locally Driven:** YMCAs are created by the local community based on a regional needs assessment and are controlled by a local board of community volunteers.
- **Contributed Income:** Kentucky YMCAs receive over **\$6 million a year** in support from annual community contributions.
- **Volunteer Hours:** Our YMCAs mobilize over **8,000 volunteers each year** to serve their local communities.
- **Key Partnerships:** Recognizing the importance of collaborations, create partnerships with a wide-range of organizations in the community.

Promoting healthy lifestyles to prevent obesity

- **Health Crisis/Childhood Obesity:** Our YMCAs have a longstanding dedication to provide programs and services that build healthy spirit, mind and body for all. We continue this commitment today by engaging and supporting children and all health seekers - individuals of all ages who wish to pursue a healthy lifestyle.



Kentucky Alliance of YMCAs

Ashland Area YMCA

Ashland, KY
Scott Campbell, CEO
ashlandareaymca.org

Barren County Family YMCA

Glasgow, KY
Tara Bailey, CEO
barrencountyyymca.org

Henderson County Family YMCA

Henderson, KY
Jason Beasley, CEO
hcfymca.com

Hopkins County Family YMCA

Madisonville, KY
Keith Cottner, CEO
Keith.cottner@hopcoymca.com

Hopkinsville/Christian County YMCA

Hopkinsville, KY
Sheryl Ellis, CEO
hopkinsvilleymca.org

Kentucky YMCA Youth Association

Frankfort, KY
Amanda Pile Chism, CEO
kyyymca.org

Limestone Family YMCA

Maysville, KY
Tonya Wenz, CEO
limestoneymca.org

YMCA of Mayfield/Graves County

Mayfield, KY
Andrew Burgess, CEO
mayfield-gravesymca.com

Owensboro Family YMCA

Owensboro, KY
Thomas Bontrager, CEO
tom@owensboro.org

Paris-Bourbon County YMCA

Paris, KY
Sabrina Gordon, CEO
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Pikeville Area Family YMCA

Pikeville, KY
Clifton Hatfield, CEO
cliftonh@pikevilleymca.org

Telford Community Center YMCA

Richmond, KY
Erin Jones Roth,
CEO
ymcatelford.org

Union County YMCA

Morganfield, KY
Krystal Scarberry, Exec. Director
270.389.9622

YMCA of Central Kentucky*

Lexington, KY
Paula Anderson, CEO
ymcacky.org

YMCA of Greater Louisville*

Louisville, KY
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YMCA of Greater Cincinnati*

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*Multiple branches in Kentucky

Kentucky State Alliance of YMCAs

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